

MAY BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (V)	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal Mini Pancake	Smoothie w/Granola Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Breakfast Sandwich
4	5	6	7	8
Vanilla Concha Cheerios Cereal French Toast Sticks	Chocolate Chip Muffin Top Honey Bunches of Oats Mini Pancakes	Cinnamon Swirl Cheerios Cereal English Muffin Breakfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Strawberry Parfait w/Granola Cinnamon Chex Cereal
11	12	13	14	15
Cinnamon Crumble Honey Bunches of Oats Hand Pie	Mantecada Muffin Cinnamon Chex Cereal English Muffin Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal Mini Pancakes	Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats French Toast Sticks
18	19	20	21	22
Vanilla Concha Cheerios Cereal French Toast Sticks	Chocolate Chip Muffin Top Honey Bunches of Oats Pancakes	Cinnamon Swirl Cheerios Cereal English Muffin Breakfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Yogurt & Grahams Cinnamon Chex Cereal Egg Scramble & Biscuit
25	26	27	28	29
Cinnamon Crumble Honey Bunches of Oats Hand Pie	Mantecada Muffin Cinnamon Chex Cereal English Muffin Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal Mini Pancake	Smoothie w/Granola Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Breakfast Sandwich

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Blood Oranges	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



MAY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Cheeseburger & Fries Chicken Bites w/ Fries "P"B&J BYO Kit w/ Corn Tajin (V)	Pizza Bites w/ Marinara Sauce (V) Chicken Dumplings w/ Not So Fried Rice Beef Taco Stick w/ Baby Carrots Cheese Pizza Kit (V)	BBQ Chicken w/ Baked Beans Cheese Tamale w/ Black Beans (V) Grilled Cheese w/Fave Beans (V) Veggie Chef Salad (V)	Spaghetti w/ Meatsauce Grilled Cheese w/ Baby Carrots (V) Mantecada Muffin, Yogurt, String Cheese Kit (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
11	12	13	14	15
Crispy Chicken Sandwich & Fries Veggie Burger & Wedges (V) BYO "P"B&J Kit w/ Corn Tajin (V)	Chicken Tamale w/ Mixed Veg Pizza Bites w/ Marinara Sauce (V) Beef Taco Stick w/ Baby Carrots Turkey & Cheese Sub Sandwich	Chicken Teriyaki w/ Not So Fried Rice Cheese Lasagna (V) Bean & Cheese Burrito w/ Baby Carrots(V) Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans (V) Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) BYO "P"B&J Kit (V)
18	19	20	21	22
Hot Dog & Fries Beef Elote Loaded Potatoes BYO "P"B&J Kit w/ Corn Tajin (V)	Bean & Cheese Pupusa w/ Curtido (V) Chicken Alfredo Pasta w/ Peas Beef Taco Stick w/ Baby Carrots (V) Turkey Trio Sandwich	Chicken Teriyaki w/ Not So Fried Rice Mac & Cheese w/ Mixed Veg (V) Bean & Cheese Burrito w/ Baby Carrots(V) Turkey & Cheese Sandwich	Turkey Nachos w/ Tortilla Chips Cheese Tamale w/ Black Beans (V) Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
25	26	27	28	29
Cheeseburger & Fries Veggie Burger & Wedges (V) "P"B&J BYO Kit w/ Corn Tajin (V)	Pizza Bites w/ Marinara Sauce (V) Chicken Dumplings w/ Not So Fried Rice Beef Taco Stick w/ Baby Carrots Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Cips Grilled Cheese w/ Baby Carrots (V) Veggie Chef Salad (V)	Cheese Lasagna (V) Pizza Bites w/ Marinara Sauce (V) Beef Taco Stick w/ Baby Carrots Mantecada Muffin, Yogurt, String Cheese Kit (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries/ Corn Tuesday: Baby Carrots Wednesday: Cucumber / Celery Thursday: Crispy Beans Friday: Side Salad w/ Dressing	Apples, Apple Slices, Bananas, Pears, Oranges 100% Juice Seasonal: Tangerines	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



ALLERGY FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday
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Weekly Breakfast Menu

Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Corn Chex Bowl, Chocolate Rockinola Granola
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Weekly Lunch Menu

Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn
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Weekly Snack Menu

Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*
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Weekly Supper Menu

Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini
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Handling Instructions

Keep food frozen/refrigerated until ready to cook and serve.
 Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute.
 For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Lunch Includes:

Milk Alternatives are available through the A La Carte Menus.
 (Additional fees may apply.)

This institution is an equal opportunity provider.

Menus are subject to change without notice for another AFM option.

Our Allergen Management Plan:

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method.	Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
	Almond Protein	2 ppm	Gluten Protein	4 ppm
	Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
	Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
	Coconut Protein	10 ppm	Total Milk Protein	1 ppm
	Crustacean Protein	2 ppm	Peanut Protein	1 ppm
	Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
	Soy Protein	2 ppm	Sesame Protein	5 ppm

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