

Summit-Atlas

FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch: 1 No School	Lunch: No School	Lunch: No School	Lunch: No School	Lunch: No School
Lunch: No School	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: (<i>DF</i>) Popcorn Chicken, Whole Wheat Roll, fresh fruit, and veggles Alt. Lunch: (<i>V</i>) Traditional Pizza Bagel, fresh fruit, and veggles	Lunch: (<i>DF</i>) Whole Grain Chicken Corn Dog, fresh fruit, Frozen Diced Carrots	Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit Lunch: (<i>DF</i>) Whole Grain Chicken Corn Dog, fresh fruit, and veggies Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies	Breakfast: WG Muffin, Cheddar Stick 0.75oz, fresh fruit Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit
Lunch: No School	Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit Lunch: (<i>DF</i>) Chicken Corn Dog Bites, fresh fruit, and veggies Alt. Lunch: (<i>V</i>) Roasted Garlic Pizza Bagel, fresh fruit, and veggies	Granola Pack, fresh fruit Lunch: Chicken Pasta Alfredo, Whole Wheat Roll. fresh fruit. and yeagies	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit	Breakfast: WG Strawberry Poptart, Cheddar Stick 0.75oz, fresh fruit Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit Alt. Lunch: (V, GF, DF) Egg Fried Rice, Whole Wheat Roll, fresh fruit, and veggies
Breakfast: String Cheese, Cinnamon Chex Bowl, fresh fruit Lunch: Fish Sticks, Whole Wheat Roll, fresh fruit, and veggies Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies	Breakfast: 23 Cheddar Stick 0.75oz, WG Muffin, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	Breakfast: WG Strawberry Poptart, Cheddar Stick 0.75oz, fresh fruit Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies Alt. Lunch: (V) Pancake Lunch, Maple Syrup Cup, fresh fruit, and veggies	Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit Lunch: (<i>DF</i>) Whole Grain Chicken Corn Dog, fresh fruit, and veggies Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies	Breakfast: Apple Cinnamon Cheerios Bowl, String Cheese, fresh fruit Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit
Breakfast: String Cheese, Golden Grahams Cereal Bowl- 1oz, fresh fruit Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (GF, DF) Meaty Chili, Frito Chip 2 oz Packs, fresh fruit, and veggies Alt. Lunch: (V) Cheesy Beans and Rice, Frito Chip 1oz Packs, fresh fruit, and veggies		