October 2023

Breakfast



Tuesday	Wednesday	Thursday	Friday
3-Oct		5-Oct	6
Vanilla Concha	Cinnamon Chex Cereal w/ Honey Grahams	Vanilla Muffin	Cheerios Cereal w/ Honey Grahams
Breakfast Cheese Tamale	Cinnamon Roll	Pancake Stack Syrup	Cranberry Oatmeal Round
Banana(1/2 c) & Pear (1/2 c)	100% Fruit Juice (4 oz) & Apple (1/2 c)	Orange & Pear (1/2 c)	Pear (1/2 c) & Apple (1/2 c)
10-0ct	11-Oct	12-Oct	18
Vanilla Concha w/ Pear	Cinnamon Chex Cereal w/ Honey Grahams	Lemon Muffin	Cheerios Cereal w/ Honey Grahams
Yogurt Parfait w/ Berries Honey Grahams	Banana Bread Slice	French Toast Sticks	Vanilla Mini Loaf & String Cheese
Banana(1/2 c)	100% Fruit Juice (4 oz)	Orange	Pear (1/2 c)
			& Apple (1/2 c) 2(
1/-001	18-UCT	19-061	20
Vanilla Concha	Cinnamon Chex Cereal w/ Honey Grahams	Blueberry Muffin	Cheerios Cereal w/ Honey Grahams
Cinnamon Waffles	Berry Apple Crisp Bar	Scrambled Egg & Cheese Breakfast Sandwich	Bagel w/ Cream Cheese
Banana(1/2 c)	100% Fruit Juice (4 oz)	Orange	Pear (1/2 c)
			& Apple (1/2 c) 2
24-UCT	25-001	26-001	Z
Vanilla Concha	Cinnamon Chex Cereal w/ Honey Grahams	Vanilla Muffin	Cheerios Cereal w/ Honey Grahams
Breakfast Cheese Tamale	Cinnamon Roll	Pancake Stack ssy Syrup	Cranberry Oatmeal Round
Banana(1/2 c)	100% Fruit Juice (4 oz)	Orange	Pear (1/2 c)
			& Apple (1/2 c)
31-0(1	I-NOV	2-107	
Orange Vanilla Concha Seasonal!	Cinnamon Chex Cereal w/ Honey Grahams	Lemon Muffin	Cheerios Cereal w/ Honey Grahams
Yogurt Parfait w/ Berries Honey Grahams	Banana Bread	French Toast Sticks	Vanilla Mini Loaf & String Cheese
Banana(1/2 c)	100% Fruit Juice (4 oz)	Orange	Pear (1/2 c)
	3-Oct Vanilla Concha Breakfast Cheese Tamale Banana(1/2 c) & Pear (1/2 c) Vanilla Concha w/ Pear Yogurt Parfait w/ Berries Honey Grahams Banana(1/2 c) & Pear (1/2 c) Banana(1/2 c)	FEATURED ENTREE OF THE DAY 3-Oct 4-Oct Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Breakfast Cheese Tamale Cinnamon Roll Bonono(1/2 c) 100% Fruit Juice (4 oz) & Pear (1/2 c) 8 Apple (1/2 c) W Pear W/ Honey Grahams Yogurt Parfait w/ Berries Honey Grahams Banana Bread Slice Bonono(1/2 c) 100% Fruit Juice (4 oz) & Pear (1/2 c) 100% Fruit Juice (4 oz) & Pear (1/2 c) 100% Fruit Juice (4 oz) Bonono Waffles Syrup Syrup Bonono(1/2 c) 100% Fruit Juice (4 oz) & Apple (1/2 c) 100% Fruit Juice (4 oz) Berry Apple Crisp Bar Syrup Bonono(1/2 c) 100% Fruit Juice (4 oz) & Apple (1/2 c) 25-Oct Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Breakfast Cheese Tamale Cinnamon Chex Cereal w/ Honey Grahams Bonanno(1/2 c) Apple (1/2 c) <td>FEATURED ENTREE OF THE DAY 3-Oct 4-Oc 5-Oct Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Vanilla Muffin Breakfast Cheese Tamale Cinnamon Roll Pancake Stack Syrup Syrup Bonana(1/2 c) 100% Fruit Juice (4 oz) Orange & Peor (1/2 c) Bonana(1/2 c) 8 Apple (1/2 c) 10-Oct Orange Vanilla Concha w/ Peor Cinnamon Chex Cereal w/ Honey Grahams Lemon Muffin Peor (1/2 c) Yogurt Parfait w/ Berries Honey Grahams Banana Bread Slice French Toast Sticks Signature Bonana(1/2 c) 100% Fruit Juice (4 oz) Orange & Peor (1/2 c) 19-Oct Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Blueberry Muffin Scrambled Egg & Cheese Syrup Scrambled</td>	FEATURED ENTREE OF THE DAY 3-Oct 4-Oc 5-Oct Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Vanilla Muffin Breakfast Cheese Tamale Cinnamon Roll Pancake Stack Syrup Syrup Bonana(1/2 c) 100% Fruit Juice (4 oz) Orange & Peor (1/2 c) Bonana(1/2 c) 8 Apple (1/2 c) 10-Oct Orange Vanilla Concha w/ Peor Cinnamon Chex Cereal w/ Honey Grahams Lemon Muffin Peor (1/2 c) Yogurt Parfait w/ Berries Honey Grahams Banana Bread Slice French Toast Sticks Signature Bonana(1/2 c) 100% Fruit Juice (4 oz) Orange & Peor (1/2 c) 19-Oct Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Blueberry Muffin Scrambled Egg & Cheese Syrup Scrambled

October 2023

Lunch Menu K-8



Monday					
	Tuesday		Wednesday WEEKLY 5 FAVE	Thursday	Friday
			WEEKLY 5 FAVE		
Cheeseburger	Baked Ziti		Chicken Tamale	Turkey Nachos	Doon Dich Bonnoroni Bizzo
Oven Baked Fries	w/ Meat Sauce		w/ Seasoned Corn	Poptillas Chips	Deep Dish Pepperoni Pizza
			COLD ENTRÉES OF THE DAY		
	Smoked Turkey & Cheese		COED ENTREES OF THE DAT		
Turkey & Cheese Torta	Sandwich on Knot Roll		Chicken Salad Sandwich	Italian Turkey Submarine	Smoked Turkey & Cheese
Side of Baked Fries	Baby Carrots		Celery Sticks	Garbanzo Bean & Tomato Salad	Sandwich on Knot Roll
			Build Your Own		
Double Cheese Torta	Soy Butter & Jelly Sandwich	n	Cheese Pizza Kit	Artisan Cheese Sandwich	Egg Salad Sandwich
Side of Baked Fries	Baby Carrots		Marinara Sauce	Garbanzo Bean & Tomato Salad	
			ENTRÉE SALAD OF THE DAY		
			Vegetable Chef Salad		
			w/ Egg & Cheese	Chicken Taco Salad	Chicken Caprese Salad
			Poptillas Chips	Poptillas Chips	Poptillas Chips
			Ranch Dressing	Ranch Dressing	Italian Dressing
			FEATURED ENTRÉE OF THE DAY		
2-0ct		3-Oct	4-0ct	5-Oct	
Grilled Chicken Sandwich	Chicken Teriyaki		Breakfast for Lunch:	Chicken Fajitas	
Oven Baked Fries	Not So Fried Rice		Pancake, Egg Patty & Seasoned	w/ Pinto Beans	Macaroni & Cheese
BBQ Sauce Packet	w/ Steamed Carrots		Potatoes	Poptilla Chips	
	,		Syrup	--	
Cheese Melt	Cheesy Baked Ziti		Cheese Tamale	Bean & Cheese Pupusa	_
Oven Baked Fries	1.0.0	T	w/ Black Beans	w/ Pinto Beans 🦪	Deep Dish Cheese Pizza
		\odot			
Baby Carrots	Baby Carrots		Celery Sticks	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange		Banana	Apple	Orange
9-0ct	1	0-0ct	11-0ct	12-Oct	
Chicken Patty Burger	Chicken Alfredo Pasta		Chicken Enchilada	Turkey & Bean Chili	Beef, Bean & Cheese Burrite
Oven Baked Fries	w/ Steamed Broccoli		w/ Creamy Green Salsa	Poptilla Chips	
Cheese Melt	Cheesy Alfredo Pasta		Cheese Tamale	Bean & Cheese Pupusa	Deep Dish Cheese Pizza
Oven Baked Fries 🛛 🔗	w/ Steamed Broccoli	T	w/Black Beans 🥑	w/ Pinto Beans 🦪 🧭	
Baby Carrots	Baby Carrots		Celery Sticks	Jicama Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange		Banana	Apple	Orange
16-Oct		7-0ct	18-Oct	19-Oct	2
10 001	, T	001		17 501	2
Hot Dog	Chicken Nuggets		Firecracker Chicken	Chicken Burrito Bowl	11
Oven Baked Fries	w/ Potatoes		w/ Yakisoba Noodles	/ Disal: Desma 9 Disa	Hamburger
oven bukeu mes			Cabhaga & Carrota	w/ Black Beans & Rice	
	-		Cabbage & Carrots	W/ Black Beans & Rice	
Cheese Melt	Cheese Lasagna		Cabbage & Carrots Cheese Tamale	Bean & Cheese Pupusa	
Cheese Melt		æ	Cheese Tamale	Bean & Cheese Pupusa	Deep Dish Cheese Pizza
Cheese Melt Oven Baked Fries 🔗	w/ Marinara Sauce	Ś	Cheese Tamale w/ Black Beans	Bean & Cheese Pupusa w/ Pinto Beans 🔗	
Cheese Melt		T	Cheese Tamale w/ Black Beans	Bean & Cheese Pupusa	Deep Dish Cheese Pizza
Cheese Melt Oven Baked Fries &	w/ Marinara Sauce Baby Carrots Orange	_	Cheese Tamale w/ Black Beans Celery Sticks Banana	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple	Lettuce, Tomatoes, Pickles Kit Orange
Cheese Melt Oven Baked Fries Baby Carrots	w/ Marinara Sauce Baby Carrots Orange	3	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks	Lettuce, Tomatoes, Pickles Kit Orange
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 23-Oct	w/ Marinara Sauce Baby Carrots Orange 24	-	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch:	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct	Lettuce, Tomatoes, Pickles Kit Orange
Cheese Melt Oven Baked Fries &	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki	-	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas	Lettuce, Tomatoes, Pickles Kit Orange 2
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 23-Oct Grilled Chicken Sandwich	w/ Marinara Sauce Baby Carrots Orange 24	-	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct	Lettuce, Tomatoes, Pickles Kit Orange
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 23-Oct Grilled Chicken Sandwich Oven Baked Fries	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice	-	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans	Lettuce, Tomatoes, Pickles Kit Orange 2
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 23-Oct Grilled Chicken Sandwich Oven Baked Fries	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice	-	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 23-Oct Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet	w/ Marinara Sauce Baby Carrots Orange 24 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots	4-0ct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa	Lettuce, Tomatoes, Pickles Kit Orange 2
Cheese Melt Oven Baked Fries Image: Constraint of the second se	w/ Marinara Sauce Baby Carrots Orange 2 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce	-	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza
Cheese Melt Oven Baked Fries Image: Comparison of the state of	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots	4-0ct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans w/ Pinto Beans	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch
Cheese Melt Oven Baked Fries Image: Comparis Baby Carrots 23-Oct 100% Fruit Juice 23-Oct Grilled Chicken Sandwich Oven Baked Fries 23-Oct BBQ, Sauce Packet Image: Comparis Cheese Melt Oven Baked Fries Image: Comparis Baby Carrots Image: Comparis Baby Carrots Image: Comparis 100% Fruit Juice Image: Comparis	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans w/ Pinto Beans ccucumber Slices w/ Tajin	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza
Cheese Melt Oven Baked Fries Image: Comparison of the state of	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange	4-0ct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans w/ Pinto Beans	Lettuce, Tomatoes, Pickles Kit Orange 7 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange
Cheese Melt Oven Baked Fries Image: Comparis Baby Carrots 73-0ct 100% Fruit Juice 73-0ct Grilled Chicken Sandwich Oven Baked Fries 880, Sauce Packet BBQ, Sauce Packet Image: Comparis Baby Carrots Image: Comparis Baby Carrots 100% Fruit Juice	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans w/ Pinto Beans ccucumber Slices w/ Tajin	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange
Cheese Melt Oven Baked Fries Image: Comparison of the state of	w/ Marinara Sauce Baby Carrots Orange 2 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange 3	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans Cucumber Slices w/ Tajin Apple 2-Nov	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice Carlled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice	w/ Marinara Sauce Baby Carrots Orange 2 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange 3 Chicken Alfredo Pasta	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana Ereakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana Celery Sticks	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans w/ Pinto Beans Cucumber Slices w/ Tajin Apple 2-Nov	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice Carlled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice	w/ Marinara Sauce Baby Carrots Orange 2 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange 3 Chicken Alfredo Pasta	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana Ereakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana Celery Sticks	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans w/ Pinto Beans Cucumber Slices w/ Tajin Apple 2-Nov	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange Beef, Bean & Cheese Burrit
Cheese Melt Oven Baked Fries Image: Comparison of the state of	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange 3 Chicken Alfredo Pasta w/ Steamed Broccoli	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana Cheese Tamale w/ Creamy Green Salsa	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans Cucumber Stices w/ Tajin Apple 2-Nov Turkey & Bean Chili Poptilla Chips Bean & Cheese Pupusa	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange
Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 23-0ct Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries 100% Fruit Juice Baby Carrots 100% Fruit Juice Cheese Melt Oven Baked Fries Chicken Patty Burger Oven Baked Fries Cheese Melt Oven Baked Fries	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange Chicken Alfredo Pasta w/ Steamed Broccoli Cheesy Alfredo Pasta w/ Steamed Broccoli	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana Banana 25-0ct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale S w/ Black Beans C Celery Sticks Banana Cheese Tamale S W/ Chicken Enchilada I-Nov Cheese Tamale S W/ Creamy Green Salsa C Cheese Tamale S	Bean & Cheese Pupusa w/ Pinto Beans Image: Comparison of the system	Lettuce, Tomatoes, Pickles Kit Orange Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange Beef, Bean & Cheese Burrit Deep Dish Cheese Pizza
Cheese Melt Oven Baked Fries Image: Comparison of the state of	w/ Marinara Sauce Baby Carrots Orange Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange Orange Steamed Baby Carrots Orange Steamed Broccoli Cheesy Alfredo Pasta	(4-Oct	Cheese Tamale w/ Black Beans Celery Sticks Banana 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana Cheese Tamale w/ Creamy Green Salsa	Bean & Cheese Pupusa w/ Pinto Beans Jicama Sticks Apple 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans Cucumber Stices w/ Tajin Apple 2-Nov Turkey & Bean Chili Poptilla Chips Bean & Cheese Pupusa	Lettuce, Tomatoes, Pickles Kit Orange 2 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange Beef, Bean & Cheese Burrite

October 2023

Lunch Menu 9-12



				hearing meens
Monday	Tuesday	Wednesday	Thursday	Friday
		WEEKLY 5 FAVE		
Cheeseburger	Baked Ziti	Chicken Tamale	Turkey Nachos	
-	w/ Meat Sauce			Deep Dish Pepperoni Pizza
Oven Baked Fries	Wheat Crackers	w/ Seasoned Corn	Poptillas Chips	
		COLD ENTREES OF THE DAY	1	
	Smoked Turkey & Cheese			
Turkey & Cheese Torta	Sandwich on Knot Roll	Chicken Salad Sandwich	Italian Turkey Submarine	Smoked Turkey & Cheese
Side of Baked Fries		Celery Sticks	Garbanzo Bean & Tomato Salad	Sandwich on Knot Roll
	Baby Carrots			
Double Cheese Torta	Soy Butter & Jelly Sandwich	Build Your Own	Artisan Cheese Sandwich	
		Cheese Pizza Kit		Egg Salad Sandwich
Side of Baked Fries	Baby Carrots	Marinara Sauce	Garbanzo Bean & Tomato Salad	
		ENTRÉE SALAD OF THE DAY		
		Vegetable Chef Salad		
			Chicken Taco Salad	Chicken Caprese Salad
		w/ Egg & Cheese	Poptillas Chips	Poptillas Chips
		Poptillas Chips	Ranch Dressing	Italian Dressing
		Ranch Dressing	-	-
		FEATURED ENTREE OF THE DAY	5.0.1	,
2-0	ct 3-0		5-0ct	6
Grilled Chicken Sandwich	Chicken Teriyaki	Breakfast for Lunch:	Chicken Fajitas	
Oven Baked Fries	Not So Fried Rice	Pancakes, Egg Patty & Seasoned	w/ Pinto Beans	Macaroni & Cheese
BBQ Sauce Packet	w/ Steamed Carrots	Potatoes	Poptilla Chips	Macaron & cheese
BBQ Sauce Packet	w/ steamed carrots	Syrup	Populia Chips	
Cheese Melt	Cheesy Baked Ziti	Cheese Tamale	Bean & Cheese Pupusa	Deep Dish Cheese Pizza
Oven Baked Fries	w/ Marinara Sauce 🦪	w/ Black Beans 🦪	w/ Pinto Beans 🛛 🦪	(
-				
Baby Carrots	Baby Carrots	Celery Sticks	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Pear
9-(ct 10-0	ct 11-Oct	12-Oct	13
Chicken Patty Burger	Chicken Alfredo Pasta	Chicken Enchiladas	Turkey & Bean Chili	Poof Boon & Chaosa Burrita
Oven Baked Fries	w/ Steamed Broccoli	w/ Creamy Green Salsa	Poptilla Chips	Beef, Bean & Cheese Burrito
Cheese Melt	Cheesy Alfredo Pasta	Cheese Tamale	Bean & Cheese Pupusa	
a a	- I Channel Barrell	(Plaula Parana	· · · · ·	Deep Dish Cheese Pizza
Oven Baked Fries	w/ Steamed Broccoli 🥑	w/ Black Beans 🥑	w/ Pinto Beans 🛛 🧭	(
Baby Carrots	Baby Carrots	Celery Sticks	Jicama Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Apple
16-0	ct 17-0	ct 18-Oct	19-Oct	20
Hot Dog	Chicken Nuggets	Firecracker Chicken	Chicken Burrito Bowl	
Oven Baked Fries	w/ Potatoes	w/ Yakisoba Noodles	w/ Black Beans & Rice	Hamburger
Oven Baked Fries	Pretzels	Cabbage & Carrots	W/ Black Bealls & Rice	
	Cheese Lasagna			
Cheese Melt				
Oven Baked Fries	-	Cheese Tamale	Bean & Cheese Pupusa	Deep Dish Cheese Pizza
	w/ Marinara Sauce		Bean & Cheese Pupusa w/ Pinto Beans 🔗	Deep Dish Cheese Pizza
	w/ Marinara Sauce Wheat Crackers	w/ Black Beans 🧭	w/ Pinto Beans 🥑	(
Baby Carrots	w/ Marinara Sauce			
	w/ Marinara Sauce Wheat Crackers	w/ Black Beans 🧭	w/ Pinto Beans 🥑	(
Baby Carrots	W/ Marinara Sauce Wheat Crackers & Baby Carrots Orange & Apple	W/ Black Beans Celery Sticks Banana & Pear	w/ Pinto Beans of Ucama Sticks	Lettuce, Tomatoes, Pickles Kit Orange & Pear
Baby Carrots 100% Fruit Juice & Orange 23-(w/ Marinara Sauce Wheat Crackers & Baby Carrots Orange & Apple ct 24-0	w/ Black Beans Celery Sticks Banana & Pear Ct 25-Oct	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct	Lettuce, Tomatoes, Pickles Kit Orange & Pear
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich	w/ Marinara Sauce Wheat Crackers & Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki	w/ Black Beans Celery Sticks Banana & Pear ct 25-Oct Breakfast for Lunch:	w/ Pinto Beans of Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries	w/ Marinara Sauce Wheat Crackers & Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice	w/ Black Beans Celery Sticks Banana & Pear ct 25-0ct Breakfast for Lunch: Pancake , Egg Patty & Seasoned	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas w/ Pinto Beans	Lettuce, Tomatoes, Pickles Kit Orange & Pear
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich	w/ Marinara Sauce Wheat Crackers & Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki	w/ Black Beans Celery Sticks Banana & Pear ct 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes	w/ Pinto Beans of Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas	(Lettuce, Tomatoes, Pickles Kit Orange & Pear 27
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries	w/ Marinara Sauce Wheat Crackers & Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice	w/ Black Beans Celery Sticks Banana & Pear ct 25-0ct Breakfast for Lunch: Pancake , Egg Patty & Seasoned	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries	w/ Marinara Sauce Wheat Crackers & Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice	w/ Black Beans Celery Sticks Banana & Pear ct 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas w/ Pinto Beans	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti	W/ Black Beans Celery Sticks Banana & Pear Cl 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa	Lettuce, Tomatoes, Pickles Kit Orange & Pear 21 Macaroni & Cheese Deep Dish Cheese Pizza
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti	W/ Black Beans Celery Sticks Banana & Pear Cl 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese Deep Dish Cheese Pizza
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti	W/ Black Beans Celery Sticks Banana & Pear Cl 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa	Lettuce, Tomatoes, Pickles Kit Orange & Pear 21 Macaroni & Cheese Deep Dish Cheese Pizza
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce	w/ Black Beans Celery Sticks Banana & Pear ct 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans	w/ Pinto Beans Image: Comparison of the second se	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese Deep Dish Cheese Pizza
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Image: Comparison of the second	w/ Black Beans Celery Sticks Banana & Pear Ct 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear	w/ Pinto Beans Image: Comparison of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear
Baby Carrots 100% Fruit Juice & Orange 23-C Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Image: Comparison of the second	w/ Black Beans Celery Sticks Banana & Pear Ct 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear	w/ Pinto Beans Image: Constraint of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Image: Comparison of the second	w/ Black Beans Celery Sticks Banana & Pear Ct 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear	w/ Pinto Beans Image: Comparison of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear
Baby Carrots 100% Fruit Juice & Orange 23-0 Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange 30-0	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Image: Comparison of the second	w/ Black Beans Celery Sticks Banana & Pear ct 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear ct	w/ Pinto Beans Image: Comparison of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear 3
Baby Carrots 100% Fruit Juice & Orange 23-0 Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange 30-0 Chicken Patty Burger	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Image: Comparison of the second	w/ Black Beans Celery Sticks Banana & Pear ct 25-Oct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear ct 1-Nov Chicken Enchiladas	w/ Pinto Beans Jicama Sticks Apple & Orange 26-Oct Chicken Fajitas w/ Pinto Beans Poptilla Chips Bean & Cheese Pupusa w/ Pinto Beans Cucumber Slices w/ Tajin Apple & Orange 2-Nov Turkey & Bean Chili	Lettuce, Tomatoes, Pickles Kit Orange & Pear 27 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear 3
Baby Carrots 23- Coven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange 30- Chicken Patty Burger Oven Baked Fries	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Image: Sauce Sauce Baby Carrots Image: Sauce Sauce Sauce Orange & Apple Image: Sauce Sauce Sauce Chicken Alfredo Pasta w/ Steamed Broccoli Image: Sauce Sauce Sauce	w/ Black Beans Celery Sticks Banana & Pear Ct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear Ct Chicken Enchiladas w/ Creamy Green Salsa	w/ Pinto Beans Image: Constraint of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear 77 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear 3 Beef, Bean & Cheese Burrito
Baby Carrots 100% Fruit Juice & Orange 23-C Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries 100% Fruit Juice & Orange 30-C Chicken Patty Burger Oven Baked Fries Cheese Melt	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange & Apple Chicken Alfredo Pasta w/ Steamed Broccoli Cheesy Alfredo Pasta Cheesy Alfredo Pasta	w/ Black Beans Celery Sticks Banana & Pear Ct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear Chicken Enchiladas w/ Creamy Green Salsa Cheese Tamale w/ Black Beans	w/ Pinto Beans Image: Constraint of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear 3 Beef, Bean & Cheese Burrito Deep Dish Cheese Pizza
Baby Carrots 23- Coven Baked Fries BBQ Sauce Packet Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange 30- Chicken Patty Burger Oven Baked Fries	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange & Apple Chicken Alfredo Pasta w/ Steamed Broccoli Cheesy Alfredo Pasta Cheesy Alfredo Pasta	w/ Black Beans Celery Sticks Banana & Pear Ct Breakfast for Lunch: Pancake , Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear Chicken Enchiladas w/ Creamy Green Salsa Cheese Tamale w/ Black Beans	w/ Pinto Beans Image: Constraint of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear 3 Beef, Bean & Cheese Burrito Deep Dish Cheese Pizza
Baby Carrots 100% Fruit Juice & Orange 23- Grilled Chicken Sandwich Oven Baked Fries BBQ, Sauce Packet Cheese Melt Oven Baked Fries 100% Fruit Juice & Orange 100% Fruit Juice & Orange Chicken Patty Burger Oven Baked Fries Cheese Melt Oven Baked Fries	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange & Apple ct Chicken Alfredo Pasta w/ Steamed Broccoli W/ Steamed Broccoli	w/ Black Beans Celery Sticks Banana & Pear t 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear ct 1-Nov Chicken Enchiladas w/ Creamy Green Salsa Cheese Tamale w/ Black Beans	w/ Pinto Beans Image: Constraint of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear 77 Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear 8 Beef, Bean & Cheese Burrito Deep Dish Cheese Pizza
Baby Carrots 23-0 100% Fruit Juice & Orange 23-0 Grilled Chicken Sandwich 23-0 Oven Baked Fries BBQ, Sauce Packet Cheese Melt 0 Oven Baked Fries 30-0 Chicken Patty Burger 30-0 Chicken Patty Burger 30-0 Cheese Melt 0 Oven Baked Fries 6 Baby Carrots 30-0 Cheese Melt 0 Oven Baked Fries 6 Baby Carrots 6	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange & Apple ct Steamed Broccoli Ø Baby Carrots Ø Baby Carrots	w/ Black Beans Celery Sticks Banana & Pear ct 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Celery Sticks Banana & Pear ct Chicken Enchiladas w/ Creamy Green Salsa Cheese Tamale w/ Black Beans @ Chicken Enchiladas w/ Black Beans @ Cheese Tamale w/ Black Beans	w/ Pinto Beans Image: Constraint of the second state of	Cettuce, Tomatoes, Pickles Kit Orange & Pear T Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Deep Dish Cheese Burrito Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch
Baby Carrots 23-0 100% Fruit Juice & Orange 23-0 Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet 0 Cheese Melt Oven Baked Fries 0 100% Fruit Juice & Orange 30-0 Chicken Patty Burger Oven Baked Fries 30-0 Chicken Patty Burger Oven Baked Fries 0 Baby Carrots 0 100% Fruit Juice & Orange 0	w/ Marinara Sauce Wheat Crackers Baby Carrots Orange & Apple ct 24-0 Chicken Teriyaki Not So Fried Rice w/ Steamed Carrots Cheesy Baked Ziti w/ Marinara Sauce Baby Carrots Orange & Apple ct Chicken Alfredo Pasta w/ Steamed Broccoli W/ Steamed Broccoli	w/ Black Beans Celery Sticks Banana & Pear t 25-Oct Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes Syrup Cheese Tamale w/ Black Beans Clery Sticks Banana & Pear t Chicken Enchiladas w/ Creamy Green Salsa Cheese Tamale w/ Black Beans Chicken Enchiladas w/ Creamy Green Salsa Cheese Tamale w/ Black Beans Officken Enchiladas w/ Black Beans Cheese Tamale w/ Black Beans Officken Enchiladas Banana & Pear	w/ Pinto Beans Image: Constraint of the second state of	Lettuce, Tomatoes, Pickles Kit Orange & Pear Macaroni & Cheese Deep Dish Cheese Pizza Romaine Side Salad w/ Ranch Orange & Pear Beef, Bean & Cheese Burrito Deep Dish Cheese Pizza



Soy Protein

2 ppm

Allergy Friendly Meals

Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
		BREAKFAST			
Cinnamon Chex Bowl, Strawberry Rockinola Granola, & Fruit*, Milk Option*	GF Cheerios Bowl, Chocolate Rockinola Granola & Fruit* , Milk Option*	Cocoa Krispies Bowl, Cinnamon Rockinola Granola, Fruit*, Milk Option*	Rice Krispies Bowl, Strawberry Rockinola Granola, Fruit*, Milk Option*	Corn Chex Bowl, Chocolate Rockinola Granola & Fruit* , Milk Option*	
		LUNCH			
Burrito Bowl, Fruit*, Milk Option*	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option*	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option*	Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option*	California Turkey and Vegetable Bowl, Fruit*, Milk Option*	
2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	
		SNACK			
Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*	Hummus & Corn Chips	Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*	
		SUPPER			
Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option*	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option*	Burrito Bowl, Fruit*, Milk Option*	California Turkey and Vegetable Bowl, Fruit*, Milk Option*	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option*	
2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	
		FIELD TRIP			
Safe Handling Instructions for I	Frozen Entrees;				
т 	/refrigerated until ready to cook and serve m and place the tray in the microwave an				
Allow the food to rest for 1	ature reaches 165°F; otherwise, place the minute. Handle with care. The content is the oven temperature at 300°F and heat t	hot.		ches the 165 °F.	
Our Allergen Management Plan;					
Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place that prevent allergen cross-contamination. This meal is free of major 8 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against the below-listed allergies up to the stated limit of detection (LOD) using an accredited test method. Warning: Although these meals don't contain any fish ingredients, the validation test is not being performed in our kitchen.					
Target Allergen	LOD (Limit of Detection)		Target Allergen	LOD (Limit of Detection)	
Almond Protein	2 ppm		Gluten Protein	4 ppm	
Brazil Nut Protein	5 ppm		Hazelnut Protein	5 ppm	
Cashew/Pistachio Protein	2 ppm		Macadamia nut Protein	2 ppm	
Coconut Protein	10 ppm		Total Milk Protein	1 ppm	
Crustacean Protein	2 ppm		Peanut Protein	1 ppm	
Whole Egg Protein	2 ppm		Walnut Protein	10 ppm	

Sesame Protein

5 ppm