







December 2023

Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
FEATURED ENTREE OF THE DAY				
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Cheerios Cereal w/ Honey Grahams <i>SHELF STABLE</i>	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Delight Bar	Breakfast Cheese Tamale 	Cinnamon Roll	French Toast Sticks 	Vanilla Mini Loaf & String Cheese
<i>Orange & Apple</i>	<i>Orange & Pear</i>	<i>100% Fruit Juice & Apple</i>	<i>Banana & Pear</i>	<i>Pear & Apple</i>
4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Bean & Cheese Burrito 	Yogurt Cup & Honey Grahams	Cinnamon Waffles Syrup 	Cranberry Oatmeal Round
<i>Orange & Apple</i>	<i>Orange & Pear</i>	<i>100% Fruit Juice & Apple</i>	<i>Banana & Pear</i>	<i>Pear & Apple</i>
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Yogurt Parfait w/ Blueberries Honey Grahams 	Banana Bread	Scrambled Egg & Cheese Breakfast Sandwich 	Bagel w/ Cream Cheese
<i>Orange & Apple</i>	<i>Orange & Pear</i>	<i>100% Fruit Juice & Apple</i>	<i>Banana & Pear</i>	<i>Pear & Apple</i>
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Winter Break				
25-Dec	26-Dec	27-Dec	28-Dec	29-Dec
Winter Break				

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.
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December 2023

Lunch Menu K-8



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries	Baked Ziti w/ Meat Sauce	Chicken Tamale w/ Seasoned Carrots	Turkey Nachos Poptillas Chips	Deep Dish Pepperoni Pizza
COLD ENTRÉES OF THE DAY				
Turkey & Cheese Torta <i>Side of Baked Fries</i>	Turkey & Cheese Sub Sandwich <i>Baby Carrots</i>	Chicken Salad Sandwich <i>Celery Sticks</i>	Turkey & Cheese Torta <i>Garbanzo Bean Salad</i>	Turkey & Cheese Sub Sandwich
Double Cheese Torta <i>Side of Baked Fries</i> 🌱	Soy Butter & Jelly Sandwich <i>Baby Carrots</i> 🌱	Build Your Own Cheese Pizza Kit <i>Marinara Sauce</i> 🌱	Artisan Cheese Sandwich <i>Garbanzo Bean Salad</i> 🌱	Egg Salad Sandwich 🌱
ENTRÉE SALAD OF THE DAY				
		Vegetable Chef Salad w/ Egg & Cheese <i>Original Poptillas Chips</i> <i>Ranch Dressing</i> 🌱	Chicken Taco Salad <i>Poptillas Chips</i> <i>Ranch Dressing</i>	Chicken Caprese Salad <i>Poptillas Chips</i> <i>Italian Dressing</i>
FEATURED ENTRÉE OF THE DAY				
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Grilled Chicken Sandwich Oven Baked Fries <i>BBQ Sauce Packet</i>	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken & Waffles: Waffle, Chicken Bites & Seasoned Potatoes <i>Syrup</i>	Chicken Fajitas w/ Pinto Beans <i>Poptilla Chips</i>	Beef, Bean & Cheese Burrito
Shelf Stable Meal Beef Bites & Cheese Stick OR Hummus & Cheese Stick <small>*MUST order for day-prior deliveries</small>	Cheesy Baked Ziti w/ Marinara Sauce 🌱	Cheese Tamale w/ Black Beans 🌱	Bean & Cheese Pupusa w/ Pinto Beans 🌱	Deep Dish Cheese Pizza 🌱
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Hot Dog Oven Baked Fries	Chicken Bites w/ Mashed Potatoes	Chicken "Poptilla" Soup <i>Original Poptilla Chips</i>	Chicken Burrito Bowl w/ Black Beans & Rice	Grilled Cheese Sandwich
Cheese Melt Oven Baked Fries 🌱	Cheese Lasagna w/ Marinara Sauce 🌱	Cheese Tamale w/ Black Beans 🌱	Bean & Cheese Pupusa w/ Pinto Beans 🌱	Deep Dish Cheese Pizza 🌱
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey & Bean Chili <i>Poptillas Chips</i>	Holiday Meal: Grilled Chicken Sweet Potatoes & Green Beans <i>Dinner Roll</i>
Cheese Melt Oven Baked Fries 🌱	Cheesy Alfredo Pasta w/ Steamed Broccoli 🌱	Cheese Tamale w/ Black Beans 🌱	Bean & Cheese Burrito w/ Pinto Beans 🌱	Deep Dish Cheese Pizza 🌱
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>Apple</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Winter Break				
25-Dec	26-Dec	27-Dec	28-Dec	29-Dec
Winter Break				
<p>All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.</p>				

December 2023

Lunch Menu 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries	Baked Ziti w/ Meat Sauce Wheat Crackers	Chicken Tamale w/ Seasoned Carrot coins	Turkey Nachos Original Poptillas Chips	Deep Dish Pepperoni Pizza
COLD ENTRÉES OF THE DAY				
Turkey & Cheese Torta Side of Baked Fries	Turkey & Cheese Sub Sandwich Baby Carrots	Chicken Salad Sandwich Celery Sticks	Turkey & Cheese Torta Garbanzo Bean Salad	Turkey & Cheese Sub Sandwich
Double Cheese Torta Side of Baked Fries	Soy Butter & Jelly Sandwich Baby Carrots	Build Your Own Cheese Pizza Kit Marinara Sauce	Artisan Cheese Sandwich Garbanzo Bean Salad	Egg Salad Sandwich
ENTRÉE SALAD OF THE DAY				
		Vegetable Chef Salad w/ Egg & Cheese Poptillas Chips Ranch Dressing	Chicken Taco Salad Poptillas Chips Ranch Dressing	Chicken Caprese Salad Poptillas Chips Italian Dressing
FEATURED ENTRÉE OF THE DAY				
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken & Waffles: Waffle, Chicken Bites & Seasoned Potatoes Syrup	Chicken Fajitas w/ Pinto Beans Poptilla Chips	Beef, Bean & Cheese Burrito
Shelf Stable Meal Beef Bites & Cheese Stick OR Hummus & Cheese Stick <small>*MUST order for day-prior deliveries</small>	Cheesy Baked Ziti w/ Marinara Sauce	Cheese Tamale w/ Black Beans	Bean & Cheese Pupusa w/ Pinto Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice & Orange</i>	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Apple</i>
4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Hot Dog Oven Baked Fries	Chicken Bites w/ Mashed Potatoes Wheat Crackers	Chicken "Poptilla" Soup Original Poptilla Chips	Chicken Burrito Bowl w/ Black Beans & Rice	Grilled Cheese Sandwich
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce Wheat Crackers	Cheese Tamale w/ Black Beans	Bean & Cheese Pupusa w/ Pinto Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice & Orange</i>	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Apple</i>
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey & Bean Chili Poptillas Chips	Holiday Meal: Grilled Chicken Sweet Potatoes & Green Beans Dinner Roll
Cheese Melt Oven Baked Fries	Cheesy Alfredo Pasta w/ Steamed Broccoli	Cheese Tamale w/ Black Beans	Bean & Cheese Burrito w/ Pinto Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Celery Sticks</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice & Orange</i>	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Pear</i>
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Winter Break				
25-Dec	26-Dec	27-Dec	28-Dec	29-Dec
Winter Break				

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Allergy Friendly Meals Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				
Cinnamon Chex Bowl, Strawberry Rockinola Granola, & Fruit*, Milk Option*	GF Cheerios Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option*	Cocoa Krispies Bowl, Cinnamon Rockinola Granola, Fruit*, Milk Option*	Rice Krispies Bowl, Strawberry Rockinola Granola, Fruit*, Milk Option*	Corn Chex Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option*
LUNCH				
Burrito Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option* 2M, 2G, 1C Veg.	California Turkey and Vegetable Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.
SNACK				
Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*	Hummus & Corn Chips	Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*
SUPPER				
Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Burrito Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.	California Turkey and Vegetable Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option* 2M, 2G, 1C Veg.
FIELD TRIP				
Hummus Cup, Corn Chips Fritos, Sunbutter Cup, RockinOla Granola Apple Sauce 4.5oz, Paradise Punch Vegetable Juice 4oz				

Safe Handling Instructions for Frozen Entrees;



Keep the lunch food frozen/refrigerated until ready to cook and serve.



Tear open the side of the film and place the tray in the microwave and microwave on high for 3-5 minutes.



Ensure the internal temperature reaches 165°F; otherwise, place the plate in the microwave again and heat it for an additional 2-3 minutes/ until reaches the 165 °F. Allow the food to rest for 1 minute. Handle with care. The content is hot. For conventional oven, set the oven temperature at 300°F and heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Our Allergen Management Plan;

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place that prevent allergen cross-contamination. This meal is free of major 8 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against the below-listed allergies up to the stated limit of detection (LOD) using an accredited test method.

Warning: Although these meals don't contain any fish ingredients, the validation test is not being performed in our kitchen.

Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
Almond Protein	2 ppm	Gluten Protein	4 ppm
Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
Coconut Protein	10 ppm	Total Milk Protein	1 ppm
Crustacean Protein	2 ppm	Peanut Protein	1 ppm
Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
Soy Protein	2 ppm	Sesame Protein	5 ppm