



# Summit-Olympus

## FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Breakfast:</b> String Cheese, WG Muffin, fresh fruit</p> <p><b>Lunch:</b> Chicken Caesar Salad, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Protein Pack, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p><b>Lunch:</b> Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p><b>Breakfast:</b> Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p><b>Lunch:</b> Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V) Veggie and Cheese Sandwich, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p><b>Lunch:</b> Chicken Caesar Salad, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Protein Pack, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> String Cheese, WG Strawberry Poptart, fresh fruit</p> <p><b>Lunch:</b> (V, GF) Macho Nacho Pack, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>
<p><b>Lunch:</b> No School</p>	<p><b>Breakfast:</b> Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit</p> <p><b>Lunch:</b> Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p><b>Breakfast:</b> Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p><b>Lunch:</b> Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V) Veggie and Cheese Sandwich, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p><b>Lunch:</b> Chicken Caesar Salad, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Protein Pack, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> WG Cinnamon Poptart, String Cheese, fresh fruit</p> <p><b>Lunch:</b> (V, GF) Macho Nacho Pack, fresh fruit, and veggies, and veggies</p> <p><b>Alt. Lunch:</b> (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies, and veggies</p>
<p><b>Breakfast:</b> String Cheese, WG Muffin, fresh fruit</p> <p><b>Lunch:</b> Chicken Caesar Salad, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Protein Pack, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p><b>Lunch:</b> Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p><b>Breakfast:</b> Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p><b>Lunch:</b> Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V) Veggie and Cheese Sandwich, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p><b>Lunch:</b> Chicken Caesar Salad, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Protein Pack, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> WG Strawberry Poptart, String Cheese, fresh fruit</p> <p><b>Lunch:</b> (V, GF) Macho Nacho Pack, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>
<p><b>Breakfast:</b> WG Muffin, String Cheese, fresh fruit</p> <p><b>Lunch:</b> Chicken Salad Sandwich, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p>	<p><b>Breakfast:</b> Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit</p> <p><b>Lunch:</b> Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p><b>Breakfast:</b> Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p><b>Lunch:</b> Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V) Veggie and Cheese Sandwich, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p><b>Lunch:</b> Chicken Caesar Salad, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Protein Pack, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> String Cheese, WG Cinnamon Poptart, fresh fruit</p> <p><b>Lunch:</b> (V, GF) Macho Nacho Pack, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>
<p><b>Breakfast:</b> String Cheese, WG Muffin, fresh fruit</p> <p><b>Lunch:</b> Chicken Caesar Salad, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Protein Pack, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Cheddar Stick 0.75oz, Cinnamon Chex Bowl, fresh fruit</p> <p><b>Lunch:</b> Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p><b>Alt. Lunch:</b> (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>			

DF - Dairy Free      GF - Gluten Free      V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

*This institution is an equal opportunity provider.*