



FEATURE OF THE MONTH

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

		<p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Orange Chicken and Rice, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, DF) Waffle Breakfast, fresh fruit, and veggies</p>	<p>1</p> <p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p>	<p>2</p> <p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: Cheeseburger, fresh fruit, Frozen Diced Carrots</p> <p>Alt. Lunch: (V) Bean and Cheese Burrito, fresh fruit, Frozen Diced Carrots</p>
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<p>Breakfast: Golden Grahams Cereal Bowl- 1oz, String Cheese, fresh fruit</p> <p>Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p>	<p>6</p> <p>Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p>Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Breakfast Burrito, fresh fruit, and veggies</p>	<p>7</p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies</p>	<p>8</p> <p>Breakfast: Cheddar Stick 0.75oz, WG Muffin, fresh fruit</p> <p>Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>9</p> <p>Breakfast: Cheddar Stick 0.75oz, WG Muffin, fresh fruit</p> <p>Lunch: No School</p>	<p>10</p>
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<p>Breakfast: Cinnamon Chex Bowl, String Cheese, fresh fruit</p> <p>Lunch: Chicken Quesadilla (Tray), fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies</p>	<p>13</p> <p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: (DF) Popcorn Chicken, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>	<p>14</p> <p>Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p>Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, Frozen Diced Carrots</p> <p>Alt. Lunch: (V, DF) French Toast Stick Lunch, Maple Syrup Cup, fresh fruit, Frozen Diced Carrots</p>	<p>15</p> <p>Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit</p> <p>Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies</p>	<p>16</p> <p>Breakfast: WG Muffin, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p>	<p>17</p>
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<p>Lunch: No School</p>	<p>20</p> <p>Lunch: No School</p>	<p>21</p> <p>Lunch: No School</p>	<p>22</p> <p>Lunch: No School</p>	<p>23</p> <p>Lunch: No School</p>	<p>24</p>
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<p>Breakfast: Cinnamon Chex Bowl, String Cheese, fresh fruit</p> <p>Lunch: Fish Sticks, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>27</p> <p>Breakfast: Cheddar Stick 0.75oz, WG Muffin, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>	<p>28</p> <p>Breakfast: WG Strawberry Poptart, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pancake Lunch, Maple Syrup Cup, fresh fruit, and veggies</p>	<p>29</p> <p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies</p>	<p>30</p>
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