



# Summit-Atlas

## FEATURE OF THE MONTH



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						<b>1</b> Breakfast: String Cheese, fresh fruit, fresh fruit  Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies  Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies		<b>2</b> Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit  Lunch: (GF, DF) Teriyaki Chicken with Rice, fresh fruit, and veggies  Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	
<b>5</b> Breakfast: String Cheese, Golden Grahams Cereal Bowl- 1oz, fresh fruit  Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies  Alt. Lunch: (V, GF, DF) Beyond Spaghetti, fresh fruit, and veggies	<b>6</b> Breakfast: WG Muffin, Cheddar Stick 0.75oz, fresh fruit  Lunch: (GF, DF) Meaty Chili, Frito Chip 2 oz Packs, fresh fruit, and veggies  Alt. Lunch: (V, GF, DF) Vegan Chili, Frito Chip 2 oz Packs, fresh fruit, and veggies	<b>7</b> Breakfast: Hardboiled Egg, WW Waffle, fresh fruit, Maple Syrup Cup  Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies  Alt. Lunch: (V, GF, DF) Vegan Chili, Frito Chip 2 oz Packs, fresh fruit, and veggies	<b>8</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, fresh fruit  Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, fresh fruit	<b>9</b> Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit  Lunch: Cheeseburger, fresh fruit, and veggies, and veggies  Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies, and veggies					
<b>12</b> Lunch: No School		<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>	
<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>		<b>23</b>	
<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>	

DF - Dairy Free      GF - Gluten Free      V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND A VARIETY OF MILK  
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This institution is an equal opportunity provider.