

# SUMMIT DENALI HIGH SCHOOL (9-11)

# OCTOBER

BULK LUNCH K-8 2022 23



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> - Cheeseburger - Pasta X Plosion! - Sunbutter & Jelly Sandwich	<b>4</b> - Mr. Mike's Bbq Chicken Sandwich - Bean And Cheese Burrito - Roast Beef & Cheese On French Roll	<b>5</b> - Chicken Corn Dog - Pasta W/ Marinara & Cheese - Chicken Caesar Wrap	<b>6</b> - Breaded Chicken Sandwich - Mac And Cheese - Farmer's Market Tuna Salad W/ Roll	<b>7</b> - Pepperoni Pizza - Cheese Pizza - Bbq Chicken Wrap
<b>10</b> NO MEAL SERVICE	<b>11</b> - Beef Hot Dog - Curry Fried Rice - Bagel Kit	<b>12</b> - Penne Pasta W/Turkey Meatsauce - Red Beans & Rice - Chicken Bacon Ranch Salad W/ Roll	<b>13</b> - Chicken Nuggets W/ Rice Pilaf - Pasta W/ Butter & Cheese - Egg Salad Sandwich	<b>14</b> - Pepperoni Pizza - Cheese Pizza - Asian Chicken Wrap
<b>17</b> - Cheeseburger - Vegan Fried Rice - Sunbutter & Jelly Sandwich	<b>18</b> - Chicken Calzone - Minestrone Soup & Roll - Bagel Kit	<b>19</b> - Breaded Chicken Sandwich - Pasta Trio W/ Marinara & Cheese - Farmers Market Egg Salad W/ Roll	<b>20</b> - Sloppy Joe - Mac And Cheese - Breaded Chicken Wrap	<b>21</b> - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll
<b>24</b> - Pizza Pasta - Pasta Primavera - Turkey And Cheddar Sandwich	<b>25</b> - Beef Hot Dog - Cheese Enchiladas - Turkey & Cheese On Dutch Crunch	<b>26</b> - Mini Corn Dogs - Black Bean & Veggie Burrito - Chicken Salad On A Hoagie	<b>27</b> - Chicken Nuggets W/ Butter & Cheese Pasta - South Of The Border Chili W/ Cornbread - Chicken Bacon Ranch Wrap	<b>28</b> - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll
<b>31</b> - Cheeseburger - Pasta X Plosion! - Sunbutter & Jelly Sandwich	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

**Drinks**  
 Nonfat Milk, 1% Milk



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT, FRESH VEGETABLE AND A DRINK.



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# OCTOBER

BREAKFAST K-12 2022 23



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> - French Toast Sandwich - Sunbutter & Jelly Sandwich - Breakfast Cereal	<b>4</b> - Breakfast Bowl W/ Biscuit - Double Chocolate Chip Muffin - Breakfast Cereal	<b>5</b> - Pancakes & Syrup - Bagel W/ Cream Cheese - Breakfast Cereal	<b>6</b> - Breakfast Burrito - Banana Choc Farmers Market Bar - Breakfast Cereal	<b>7</b> - Breakfast Chilaquiles - Cornbread Muffin - Breakfast Cereal
<b>10</b> NO MEAL SERVICE	<b>11</b> - Sausage, Egg And Cheese Muffin Sandwich - Bagel W/ Cream Cheese - Breakfast Cereal	<b>12</b> - Scrambled Eggs & Muffin Brk - Apple Farmer's Market Bar - Breakfast Cereal	<b>13</b> - Chicken Patty Biscuit - Apple Cinnamon Scone - Breakfast Cereal	<b>14</b> - French Toast Sticks - Sunbutter & Jelly Sandwich - Breakfast Cereal
<b>17</b> - Pancakes & Syrup - Cherry Muffin - Breakfast Cereal	<b>18</b> - Breakfast Chilaquiles - String Cheese And Mini Muffin - Breakfast Cereal	<b>19</b> - Sausage Biscuit Sandwich - Banana Chocolate Chunk Scone - Breakfast Cereal	<b>20</b> - Breakfast Bowl W/ Biscuit - Cornbread Muffin - Breakfast Cereal	<b>21</b> - Blueberry Crumble - Yogurt With Grahams - Breakfast Cereal
<b>24</b> - Denver Breakfast Taco - Banana Muffin - Breakfast Cereal	<b>25</b> - Croissant Sausage Sandwich - Apple Cinnamon Frudel - Breakfast Cereal	<b>26</b> - Sausage, Egg & Cheese Breakfast Burrito - String Cheese And Mini Muffin - Breakfast Cereal	<b>27</b> - Blueberry Crumble - Berry Scone - Breakfast Cereal	<b>28</b> - Egg & Cheese Burrito - Apple Cinnamon Scone - Breakfast Cereal
<b>31</b> - French Toast Sandwich - Sunbutter & Jelly Sandwich - Breakfast Cereal	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

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