



FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b></p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Cheesy Beans and Rice, WG Chip Packs, fresh fruit, and veggies</p>	<p><b>2</b></p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Turkey and Provolone Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p><b>3</b></p> <p>Breakfast: GF WG Original Cheerios , Cheddar Cheese Stick, fresh fruit</p> <p>Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies, and veggies</p>	<p><b>4</b></p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>
<p><b>7</b></p> <p>Breakfast: Hardboiled Egg, GF WH Honey Nut Cereal , fresh fruit</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p>	<p><b>8</b></p> <p>Breakfast: WG Muffin, Cheddar Cheese Stick, fresh fruit</p> <p>Lunch: (DF) Teriyaki Chicken with Rice, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, DF) Teriyaki Black Bean &amp; Rice, Whole Wheat Roll, fresh fruit, and veggies</p>	<p><b>9</b></p> <p>Breakfast: GF WG Original Cheerios , String Cheese, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p><b>10</b></p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies, and veggies</p>	<p><b>11</b></p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>
<p><b>14</b></p> <p>Breakfast: Hardboiled Egg, GF WH Honey Nut Cereal , fresh fruit</p> <p>Lunch: (GF Filling, DF) Soft Chicken Tacos, fresh fruit, and veggies</p> <p>Alt. Lunch: (GF Filling, V, DF) Soft Taco w/ Pinto Beans, fresh fruit, and veggies</p>	<p><b>15</b></p> <p>Breakfast: Cheddar Cheese Stick, WG Muffin, fresh fruit</p> <p>Lunch: Somalian Chicken &amp; Rice, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Egg Fried Rice, Whole Wheat Roll, fresh fruit, and veggies</p>	<p><b>16</b></p> <p>Breakfast: Cheddar Cheese Stick, GF WG Original Cheerios , fresh fruit</p> <p>Lunch: Turkey and Provolone Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p><b>17</b></p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p>	<p><b>18</b></p> <p>Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies, and veggies</p>
<p><b>21</b></p> <p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p>	<p><b>22</b></p> <p>Breakfast: String Cheese, GF WH Honey Nut Cereal , fresh fruit</p> <p>Lunch: (V, GF, DF) DF Mexican Bean &amp; Rice Bowl, WG Chip Packs, fresh fruit, and veggies</p>	<p><b>23</b></p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p><b>24</b></p> <p>Breakfast: GF WG Original Cheerios , Hardboiled Egg, fresh fruit</p> <p>Lunch: (V) Mozzarella Pasta Bake, WG Garlic Bread, fresh fruit, and veggies</p>	<p><b>25</b></p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies, and veggies</p>
<p><b>28</b></p> <p>Lunch: No School</p>	<p><b>29</b></p> <p>Breakfast: Hardboiled Egg, WG Muffin, fresh fruit</p> <p>Lunch: (V) Cheesy Beans and Rice, WG Chip Packs, fresh fruit, and veggies</p>	<p><b>30</b></p> <p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: Turkey and Provolone Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p><b>31</b></p> <p>Breakfast: GF WG Original Cheerios , String Cheese, fresh fruit</p> <p>Lunch: Chicken Pasta Alfredo, WG Garlic Bread, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, WG Garlic Bread, fresh fruit, and veggies</p>	

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES  
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

The USDA and Summit are equal opportunity providers.



# Day 1 Academies

## FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Breakfast: String Cheese, GF WG Original Cheerios , fresh fruit  Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies  PM Snack: Goldfish Crackers, fresh fruit  Supper: Chicken Salad Hoagie w/ LT, fresh fruit,	<b>2</b> Breakfast: WG Muffin, Yogurt, Applesauce Cup  Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies  PM Snack: Cheddar Cheese Stick, Soft Crackers  Supper: Turkey & Cheddar Hoagie, fresh fruit, and veggies	<b>3</b> Breakfast: Rice Crispies Bowl, String Cheese, fresh fruit  Lunch: (V) Rolled Enchiladas Rojas, fresh fruit, and veggies  PM Snack: String Cheese, Pretzels  Supper: Sunbutter & Jelly Hoagie, String Cheese, fresh fruit, and veggies	<b>4</b> Breakfast: Cinnamon Granola Pack, Yogurt, fresh fruit  Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies  PM Snack: WG Wheat Crackers, Cheddar Cheese Stick  Supper: Turkey & Provolone Hoagie, fresh fruit,
<b>7</b> Breakfast: WG Muffin, Cheddar Cheese Stick, fresh fruit  Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies  PM Snack: Graham Crackers, Sunflower Butter  Supper: Sunbutter & Jelly Hoagie, String Cheese,	<b>8</b> Breakfast: GF WH Honey Nut Cereal , String Cheese, fresh fruit  Lunch: (DF) Chicken Bites, fresh fruit, and veggies  PM Snack: Goldfish Crackers, fresh fruit  Supper: Chicken Salad Hoagie w/ LT, fresh fruit,	<b>9</b> Breakfast: WG Muffin, Yogurt, Applesauce Cup  Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies  PM Snack: Cheddar Cheese Stick, Soft Crackers  Supper: Turkey & Cheddar Hoagie, fresh fruit, and veggies	<b>10</b> Breakfast: Cheddar Cheese Stick, GF WH Original Cheerios , fresh fruit  Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies  PM Snack: String Cheese, Pretzels  Supper: Sunbutter & Jelly Hoagie, String Cheese,	<b>11</b> Breakfast: Cinnamon Granola Pack, Yogurt, fresh fruit  Lunch: Somalian Chicken & Rice, fresh fruit, and veggies  PM Snack: Cheddar Cheese Stick, WG Wheat Crackers  Supper: Turkey & Provolone Hoagie, fresh fruit,
<b>14</b> Breakfast: Cheddar Cheese Stick, WG Muffin, fresh fruit  Lunch: (V) Cheesy Beans and Rice, fresh fruit, and veggies  PM Snack: Sunflower Butter, Graham Crackers  Supper: Sunbutter & Jelly Hoagie, String Cheese,	<b>15</b> Breakfast: Rice Crispies Bowl, String Cheese, fresh fruit  Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies  PM Snack: Goldfish Crackers, fresh fruit  Supper: Chicken Salad Hoagie w/ LT, fresh fruit,	<b>16</b> Breakfast: WG Muffin, Yogurt, Applesauce Cup  Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies  PM Snack: Cheddar Cheese Stick, Soft Crackers  Supper: Turkey & Cheddar Hoagie, fresh fruit, and	<b>17</b> Breakfast: GF WH Honey Nut Cereal , String Cheese, fresh fruit  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies  PM Snack: String Cheese, Pretzels  Supper: Sunbutter & Jelly Hoagie, String Cheese,	<b>18</b> Breakfast: Yogurt, Cinnamon Granola Pack, fresh fruit  Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies  PM Snack: WG Wheat Crackers, Cheddar Cheese Stick  Supper: Turkey & Cheddar Hoagie, fresh fruit, and
<b>21</b> Breakfast: WG Muffin, Cheddar Cheese Stick, fresh fruit  Lunch: (DF) Chicken Bites, fresh fruit, and veggies  PM Snack: Sunflower Butter, Graham Crackers  Supper: Sunbutter & Jelly Hoagie, String Cheese,	<b>22</b> Breakfast: Rice Crispies Bowl, String Cheese, fresh fruit  Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies  PM Snack: Goldfish Crackers, fresh fruit  Supper: Chicken Salad Hoagie w/ LT, fresh fruit,	<b>23</b> Breakfast: WG Muffin, Yogurt, Applesauce Cup  Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies  PM Snack: Cheddar Cheese Stick, Soft Crackers  Supper: Turkey & Cheddar Hoagie, fresh fruit, and	<b>24</b> Breakfast: GF WG Original Cheerios String Cheese, fresh fruit  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies  PM Snack: String Cheese, Pretzels  Supper: Sunbutter & Jelly Hoagie, String Cheese,	<b>25</b> Breakfast: Yogurt, Cinnamon Granola Pack, fresh fruit  Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies  PM Snack: WG Wheat Crackers, Cheddar Cheese Stick  Supper: Turkey & Provolone Hoagie, fresh fruit,
<b>28</b> Breakfast: Cheddar Cheese Stick, WG Muffin, fresh fruit  Lunch: Corn Dog Bites, fresh fruit, and veggies  PM Snack: Sunflower Butter, Graham Crackers  Supper: Sunbutter & Jelly Hoagie, String Cheese,	<b>29</b> Breakfast: String Cheese, Rice Crispies Bowl, fresh fruit  Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies  PM Snack: Goldfish Crackers, fresh fruit  Supper: Chicken Salad Hoagie w/ LT, fresh fruit, and veggies	<b>30</b> Breakfast: WG Muffin, Yogurt, Applesauce Cup  Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies  PM Snack: Soft Crackers, Cheddar Cheese Stick  Supper: Turkey & Cheddar Hoagie, fresh fruit, and	<b>31</b> Breakfast: Cheddar Cheese Stick, WG Muffin, fresh fruit  Lunch: Corn Dog Bites, fresh fruit, and veggies  PM Snack: Sunflower Butter, Graham Crackers  Supper: Sunbutter & Jelly Hoagie, String Cheese,	

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V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES  
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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# St. Joseph School

FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

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# Arco Iris-Spanish Immersion School

FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

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V - Vegetarian

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ALL MEALS ARE SERVED WITH A VARIETY OF MILK

*The USDA and Arco Iris are equal opportunity providers.*