



# Summit-Sierra High School

## FEATURE OF THE MONTH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p>Lunch: No School</p>		<p><b>3</b> Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: (V) Cheesy Beans and Rice, WG Chip Packs, fresh fruit, and veggies</p>		<p><b>4</b> Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: Turkey and Provolone Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>		<p><b>5</b> Breakfast: GF WG Original Cheerios , Cheddar Cheese Stick, fresh fruit</p> <p>Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies, and veggies</p>		<p><b>6</b> Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>	
<p>Breakfast: Hardboiled Egg, GF WH Honey Nut Cereal , fresh fruit</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p>		<p><b>10</b> Breakfast: WG Muffin, Cheddar Cheese Stick, fresh fruit</p> <p>Lunch: (DF) Teriyaki Chicken with Rice, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, DF) Teriyaki Black Bean &amp; Rice, Whole Wheat Roll, fresh fruit, and veggies</p>		<p><b>11</b> Breakfast: GF WG Original Cheerios , String Cheese, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>		<p><b>12</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies, and veggies</p>		<p><b>13</b> Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>	
<p>Lunch: No School</p>		<p><b>17</b> Breakfast: Cheddar Cheese Stick, WG Muffin, fresh fruit</p> <p>Lunch: Somalian Chicken &amp; Rice, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Egg Fried Rice, Whole Wheat Roll, fresh fruit, and veggies</p>		<p><b>18</b> Breakfast: Cheddar Cheese Stick, GF WG Original Cheerios , fresh fruit</p> <p>Lunch: Turkey and Provolone Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>		<p><b>19</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p>		<p><b>20</b> Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies, and veggies</p>	
<p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p>		<p><b>24</b> Breakfast: String Cheese, GF WH Honey Nut Cereal , fresh fruit</p> <p>Lunch: (V, GF, DF) DF Mexican Bean &amp; Rice Bowl, WG Chip Packs, fresh fruit, and veggies</p>		<p><b>25</b> Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>		<p><b>26</b> Breakfast: GF WG Original Cheerios , Hardboiled Egg, fresh fruit</p> <p>Lunch: (V) Mozzarella Pasta Bake, WG Garlic Bread, fresh fruit, and veggies</p>		<p><b>27</b> Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies, and veggies</p>	

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES  
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

The USDA and Summit are equal opportunity providers.