

NUTRITION SERVICES
VEGETARIAN B&L BOX MEAL KIT
LUNCHMASTER SCHOOL LUNCH PROGRAM

Jan 18, 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Feb - 1 Yogurt with Graham Berry Breakfast Scone Breakfast Cereal, WG Penne with Butter and Cheese South of the Border Chili and Tortilla Chips Bean and Cheese Burrito Bagel, String Cheese, & Sunflower Seeds Yogurt Berry Parfait with a Muffin +2 more breakfast TBD +2 more lunch TBD	Feb - 2	Feb - 3	Feb - 4	Feb - 5	Feb - 6
Feb - 7	Feb - 8 Bagel with Cream Cheese and Jelly Banana Chocolate Chip Farmer's Market Bar Breakfast Cereal, WG Cheese Enchiladas, 2 pc Curry Fried Rice Bowl (Vegetarian) Homemade Mac & Cheese Spaghetti with Marinara Sauce & Cheese Cheese Pizza +2 more breakfast TBD +2 more lunch TBD	Feb - 9	Feb - 10	Feb - 11	Feb - 12	Feb - 13
Feb - 14	Feb - 15 Cinnamon Waffles Egg & Cheese Breakfast Burrito Breakfast Cereal, WG Broccoli Cheddar Potato Bowl, Roll Black Bean & Veggie Burrito Minestrone Soup and a Roll Veggie Nuggets w/Veggie Rice and Edamame Sunbutter & Jelly Sandwich +2 more breakfast TBD +2 more lunch TBD	Feb - 16	Feb - 17	Feb - 18	Feb - 19	Feb - 20

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feb - 21	Feb - 22 Apple Cinnamon Breakfast Scone Corn Muffin with Honey Breakfast Cereal, WG Red Beans and Rice Bowl, GF, DF Melted Cheddar Cheese on a Bagel Bean and Cheese Burrito Vegetarian Parmesan with Pasta Vegetarian Picnic Box +2 more breakfast TBD +2 more lunch TBD	Feb - 23	Feb - 24	Feb - 25	Feb - 26	Feb - 27
Feb - 28						

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