

Summit Sierra Local Wellness & FSMC Committee  
2019-2020

November 19th, 2019

Jonathan Rahauser  
Jonathan Miller  
Dean of Operations,  
Summit Atlas

**Agenda Items:**

Sign-in:

School Representative(s): Stefan Sobiek

Parent/Guardian Representative(s): Matt Johnson

Student Representative(s): Umuhaan Ibrahim

Stefan Sobiek  
Matt Johnson  
Umuhaan Ibrahim

1. Pass out Wellness Policy Copies, Sign-In & Committee Introductions
  - a. Assign someone to take notes (lead at each site)
2. Review Current Local Wellness Policy (15-20 minutes)
  - a. Review any edits suggested by SFS
    - i. (Top of pg 2) The designated official for oversight is the Director of Regional Operations, and at each site, it would be the Dean of Operations \_\_\_\_\_.
    - ii. Missing Required Components:
      1. Competitive Foods and Beverages Policy: Smart Snacks in School standards for other foods and beverages sold at school during the school day (from midnight to 30 minutes after school day)
      2. Add smart snack guidelines to the wellness policy
      3. Missing language around food as rewards/incentives
        - a. Add language that is in line with the rest of our wellness policy, but leave the door open for some flexibility for schools to give rewards/incentives.
        - b. Leave language that "strongly encourages" adherence to current wellness policy.
      4. Foods and Beverages Marketing Policies: items marketed or advertised on campus, which must meet Smart Snack standards (if you can't sell it, you can't market it)
        - a. Whenever possible, when advertising student food sales, add the language "smart snacks"
      5. Need to include dates policy was updated
  - b. Discuss any group questions/comments
3. Complete Healthy Schools Program Assessment as a committee (10-15 minutes)
  - a. LINK
4. Based on Results of Assessment, choose 1-2 measurable & achievable goals for your SFA to work towards this school year. (10 minutes)
  - a. Goal 1 : Survey students twice a year about school foods and implement feedback when ordering menus for lunch and breakfast.
  - b. Goal 2 :
5. Review menus and student feedback (10 minutes)
6. Set date for next meeting in 2-3 months (5 minutes) - February 13th 4:00 PM
7. Next Steps:
  - a. Scan today's sign-in, notes, and next meeting date to School Food Solutions – [Stefan (Sierra)]

- b. Post today's assessment, notes, and next meeting date to website – [DoO]
  - c. Send out calendar invitation to all committee members – [Stefan Sierra]
  - d. Post next wellness committee meeting on school website – [Stefan Sierra]
  - e. Send invitation letter to other potential committee members – [DoO]
8. Each school site - Send notes, minutes, and sign-in sheets to [ryan@schoolfoodsolutions.org](mailto:ryan@schoolfoodsolutions.org) today!

#### Smart Snack Resources

- [Corn nuts, Frito Lay, Cheetos, Kelloggs](#)
- [Suggested Smart Snack List](#)
- [Smart Snack Calculator](#)