Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		EATURED ENTREE OF THE DAY		
29-Apr	30-Apr	1-May	2-May	3-May
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Egg & Cheese Burrito	Banana Bread	Waffles 555 Syrup	Cranberry Oatmeal Round
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
6-May	7-May	8-May	9-May	10-Mg
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Egg & Cheese Empanada 555	Cinnamon Roll	Yogurt Parfait w/ Blueberries Cinnamon Granola Cereal	Berry Apple Crisp Bar
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
13-May	14-May	15-May	16-May	1 <i>7-</i> May
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Delight Bar	Breakfast Cheese Tamale 555	Yogurt 4oz & Honey Grahams	Scrambled Egg & Cheese /// Breakfast Sandwich	Conchita & String Cheese
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
20-May	21-May	22-May	23-May	24-May
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Egg & Cheese Burrito	Banana Bread	Waffles Syrup	Cranberry Oatmeal Round
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
27-May	28-May	29-May	30-May	31-May
Memorial Day	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
	Egg & Cheese Empanada	Cinnamon Roll	Yogurt Parfait w/ Blueberries Cinnamon Granola Cereal	Berry Apple Crisp Bar
	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
All entrées served with choice of 1% milk	or fat free milk. All grain items offered a	re Whole Grain Rich.		

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**

Lunch Menu K-8



				healthy meals for all
Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Oven Baked Fries	Chicken Bites w/ Mashed Potatoes	Chicken Tamale w/ Seasoned Diced Carrots	Turkey Nachos Poptilla Chips	Deep Dish Pepperoni Pizza
		COLD ENTRÉES OF THE DAY		
Turkey & Cheese Torta Side of Baked Fries	Turkey & Cheese Submarine Sandwich Baby Carrots	Vegetable Chef Salad w/ Egg & Cheese Dinner Roll Ranch Dressing	Chicken Salad Sandwich Fava Beans	Chicken Caprese Salad Dinner Roll Italian Dressing
Double Cheese Torta Side of Baked Fries	Soy Butter & Jelly Sandwich Baby Carrots	Build Your Own Cheese Pizza Kit Marinara Sauce	Cheese Submarine Sandwich Fava Beans	Egg Salad Sandwich
		FEATURED ENTRÉE OF THE DAY	1	
29-Apr	30-Apr	1-May	2-May	3-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Roasted Chickpeas	Celery Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange	Banana	Apple	Orange
6-May	7-May	8-May	9-May	10-May
Chicken Patty Buger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Fajita Chicken w/ Pinto Beans Poptilla Chips	Cheeseburger Mac & Cheese
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	Oeep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Roasted Chickpeas	Celery Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice (No Juice: Apple 1/2 c)	Orange	Banana	Apple	Orange
13-May	14-May	15-May	16-May	1 <i>7-</i> May
Hot Dog Oven Baked Fries	Chicken Teriyaki Not So Fried Rice Diced Carrots	Chicken Enchilada w/ Creamy Green Salsa	Turkey Nachos Poptilla Chips	Hamburger
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Roasted Chickpeas	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange	Banana	Apple	Orange
20-May	21-May	22-May	23-May	24-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Penne Pasta w/ Meatsauce	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Roasted Chickpeas	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange	Banana	Apple	Orange
27-May	28-May	29-May	30-May	31-May
Memorial Day	Cheeseburger Oven Baked Fries	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Fajita Chicken w/ Pinto Beans Poptilla Chips	Cheeseburger Mac & Cheese
	Cheese Melt Oven Baked Fries	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	OF Deep Dish Cheese Pizza
	Baby Carrots	Roasted Chickpeas	Celery Sticks	Romaine Side Salad w/ Ranch
	Orange	Banana	Apple	Orange
	or fat free milk. All grain items offered a			

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich

Lunch Menu 9-12



			,	healthy meals for all
Monday	Tuesday	Wednesday WEEKLY 5 FAVE	Thursday	Friday
Cheeseburger Oven Baked Fries	Chicken Bites w/ Mashed Potatoes & Cracker	Chicken Tamale w/ Seasoned Diced Carrots	Turkey Nachos Poptilla Chips	Deep Dish Pepperoni Pizza
		COLD ENTRÉES OF THE DAY		
Turkey & Cheese Torta Side of Baked Fries	Turkey & Cheese Submarine Sandwich Baby Carrots	Vegetable Chef Salad w/ Egg & Cheese Dinner Roll Ranch Dressing	Chicken Salad Sandwich Fava Beans	Chicken Caprese Salad <i>Dinner Roll Italian Dressing</i>
Double Cheese Torta Side of Baked Fries	Soy Butter & Jelly Sandwich Baby Carrots	Build Your Own Cheese Pizza Kit Marinara Sauce	Cheese Submarine Sandwich Fava Beans	Egg Salad Sandwich
		EATURED ENTRÉE OF THE DAY	1	
29-Apr	30-Apr	1-May	2-May	3-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna & w/ Marinara Sauce Wheat Cracker	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Fava Bean Crisps	Celery Sticks	Romaine Salad w/ Ranch & Dinner Roll
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Apple
6-May	7-May	8-May	9-May	10-May
Chicken Patty Buger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Fajita Chicken w/ Pinto Beans Poptilla Chips	Cheeseburger Mac & Cheese
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce Wheat Crackers	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	Oeep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Fava Bean Crisps	Celery Sticks	Romaine Salad w/ Ranch & Dinner Roll
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Pear
13-May	14-May	15-May	16-May	1 <i>7-</i> May
Hot Dog Oven Baked Fries	Chicken Teriyaki Not So Fried Rice Diced Carrots	Chicken Enchilada w/ Creamy Green Salsa	Turkey Nachos Tortilla Chips	Hamburger
Cheese Melt Oven Baked Fries	Cheese Lasagna & w/ Marinara Sauce Wheat Crackers	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Fava Bean Crisps	Cucumber Slices w/ Tajin	Romaine Salad w/ Ranch & Dinner Roll
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Pear
20-May	21-May	22-May	23-May	24-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Penne Pasta w/ Meat sauce	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce Wheat Cracker	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Oeep Dish Cheese Pizza
Cheese Meit	w/ Marinara Sauce	Cheese Enchilada	Cheese Tamale	
Oven Baked Fries	w/ Marinara Sauce Wheat Cracker	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Oven Baked Fries Baby Carrots	w/ Marinara Sauce Wheat Cracker Baby Carrots	Cheese Enchilada w/ Creamy Green Salsa Fava Bean Crisps	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin	Deep Dish Cheese Pizza Romaine Salad w/Ranch & Dinner Roll
Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange	w/ Marinara Sauce Wheat Cracker Baby Carrots Orange & Apple	Cheese Enchilada w/ Creamy Green Salsa Fava Bean Crisps Banana & Pear	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple & Orange	Deep Dish Cheese Pizza Romaine Salad w/ Ranch & Dinner Rall Orange & Pear
Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange 27-May	w/ Marinara Sauce Wheat Cracker Baby Carrots Orange & Apple 28-May Cheeseburger	Cheese Enchilada w/ Creamy Green Salsa Fava Bean Crisps Banana & Pear 29-May Teriyaki Chicken w/ Yakisoba Noodles	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple & Orange 30-May Fajita Chicken w/ Pinto Beans	Deep Dish Cheese Pizza Romaine Salad w/ Ranch & Dinner Roll Orange & Pear 31-May
Oven Baked Fries Baby Carrots 100% Fruit Juice & Orange 27-May	w/ Marinara Sauce Wheat Cracker Baby Carrots Orange & Apple 28-May Cheeseburger Oven Baked Fries	Cheese Enchilada w/ Creamy Green Salsa Fava Bean Crisps Banana & Pear 29-May Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots Bean & Cheese Pupusa	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple & Orange 30-May Fajita Chicken w/ Pinto Beans Poptilla Chips Cheese Tamale	Romaine Salad w/ Ranch & Dinner Roll Orange & Pear 31-May Cheeseburger Mac & Cheese

Ill entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Riclinis institution is an equal opportunity provider. **Menus are subject to change without notice.**

Field Trip Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		EATURED ENTREE OF THE DAY		
29-Apr	30-Apr	1-May	2-May	3-N
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Chees
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
veg Juice	veg Juice	veg Juice	veg Juice	veg Juice
6-May	7-May	8-May	9-May	10-7
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
Surbustan Carabana (V. 1992)	Carrier Carrier 1	Combattan Cardian St. C. C.	Care Post transcript in the	Combination Construction 2011 2
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Chee
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
13-May	14-May	15-May	16-May	17-1
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
veg Juice	veg Juice	veg Juice	veg Juice	veg Juice
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Chee
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
• •			• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
20-May	21-May	22-May	23-May	24-1
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
Veg suice	veg suice	veg saice	Veg Juice	veg Juice
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Chee
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
27-May	28-May	29-May	30-May	31-
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice	Veg Juice	Veg Juice	Veg Juice	Veg Juice
veg suice	veg suice	veg suice	veg suice	veg suice
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Chee
	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Baby Carrots				
	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Apple & Raisins Veg Juice	Apple & Raisins Veg Juice	Apple & Raisins Veg Juice	Apple & Raisins Veg Juice	Apple & Raisins Veg Juice

This institution is an equal opportunity provider. Menus are subject to change without notice.

Snack NSLP



Monday	Tuesday	Wednesday	Thursday	Friday
		EATURED ENTREE OF THE DAY		, , ,
29-Apr	30-Apr	1-May	2-May	3-May
WG Strawberry Multi-Grain Bar (1G)	WG Wheat Crackers (1G)	WG BBQ Poptillas (1G)	WG Educational Snacks Crackers (1G)	WG Goldfish Cheddar Crackers (1G)
Apple (3/4 c)	100% Fruit Juice (6 oz)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz)
6-May	7-May	8-May	9-May	10-May
WG Pretzels (1G)	WG Nacho Poptillas (1G)	WG Pizza Crackers (1G)	Sunflower Seeds (1 MA) OR 2nd opt: Edu Snack Crackers (1G)	WG Honey Crackers (1G)
Apple (3/4 c)	100% Fruit Juice (6 oz)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz)
13-May	14-May	15-May	16-May	1 <i>7-</i> May
WG Wheat Crackers (1G) & Roasted Seed Spread (1 M/MA)	WG Churro Poptillas (1G)	Cheese Stick (1 MA)	WG Apple Cinnamon Multi-Grain Bar (1G)	WG Giant Cinnamon Crackers (1G)
x	100% Fruit Juice (6 oz)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz)
20-May	21-May	22-May	23-May	24-May
WG Strawberry Multi-Grain Bar (1G)	WG Wheat Crackers (1G)	WG BBQ Poptillas (1G)	WG Educational Snacks Crackers (1G)	WG Goldfish Cheddar Crackers (1G)
Apple (3/4 c)	100% Fruit Juice (6 oz)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz)
27-May	28-May	29-May	30-May	31-May
Memorial Day	WG Nacho Poptillas (1G)	WG Pizza Crackers (1G)	Sunflower Seeds (1 MA) OR 2nd opt: Edu Snack Crackers (1G)	WG Honey Crackers (1G)
	100% Fruit Juice (6 oz)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz)

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**



healthy meals for a				
Monday	Tuesday	Wednesday	Thursday	Friday
	FI	EATURED ENTRÉE OF THE DAY		
29-Apr	30-Apr	1-May	2-May	3-May
Cheeseburger Mac & Cheese Baby Carrots (1/2 c)	Chicken Burrito Bowl (2M) w/ Beans & Rice (1G,1/2c veg)	Hot Dog (2M,2G) Oven Baked Fries (1/2 c)	Chicken Tamale (2M,2G) w/ Seasoned Corn (1/2 c)	Chicken Bites (2M, 1G) w/ Mashed Potatoes (1/2 c)
Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c)	Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll (2G) Ranch Dressing	Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c)	Chicken Caprese Salad (2M, 1C Veg) Dinner Roll (2G) Ranch Dressing
Double Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c)	Build Your Own Pizza Kit (2M,1G) Marinara Sauce Cup (1/2 c)	Soy Butter & Jelly Sandwich (2MA,2G) Fruitable Juice (4 oz)	Flat Bread (1G) & Hummus (3/8 c) Kit w/ Egg (2M) & Baby Carrots (1/4 c)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Orange (1/2 c)	100% Fruit Juice (4 oz)	Apple (1/2 c)
6-May	7-May	8-May	9-May	10-May
Deep Dish Pepperoni Pizza (2M,2G) Baby Carrots (1/2 c)	Cheese Lasagna (2M,1G) w/ Marinara Sauce (1/2c veg)	Chicken Patty Burger (2M,2G) Oven Baked Fries (1/2 c)	Ziti w/ Meat Sauce (2M,1G,1/2c veg)	Beef, Bean & Cheese Burrito (2M,2G) Baby Carrots (1/2 c)
Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c)	Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll (2G) Ranch Dressing	Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c)	Yogurt Parfait w/ Berries Cinnamon Granola Cereal (1G) Baby Carrots (1/2 c)
Double Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c)	Soy Butter & Jelly Sandwich (2MA,2G) Fruitable Juice (4 oz)	Cheese Sub Sandwich (2M,2G) Cucumber Slices (1/2 c)	Egg Salad Sandwich (2MA,2G) Baby Carrots (1/2 c)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Orange (1/2 c)	100% Fruit Juice (4 oz)	Apple (1/2 c)
13-May	14-May	15-May	16-May	17-May
Teriyaki Chicken (2M) w/ Yakisoba Noodles (1G) Cabbage & Carrots (1/2 c)	Beef & Bean Nachos (2M, 1/2c) Tortilla Chips (2 G)	Cheeseburger (2M,2G) Oven Baked Fries (1/2 c)	Deep Dish Cheese Pizza (2M, 2G) Sliced Cucumber (1/2 c)	Grilled Cheese Sandwich (2,MA,2G) Baby Carrots (1/2 c)
Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Cold Teriyaki Chicken Pasta Salad (2M, 1G) Shredded Carrots & Cabbage (1/2 c)	Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c)	Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c)	Chicken Caprese Salad (2M, 1C veg) Dinner Roll (2G)
Double Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Mantecada (2G), Yogurt (1MA), Baby Carrots (1/2 c) & String Cheese (1MA) Kit	Build Your Own Pizza Kit (2M,1G) Marinara Sauce Cup (1/2 c)	Yogurt Parfait w/ Berries Cinnamon Granola Cereal (1G) Baby Carrots (1/2 c)	Soy Butter & Jelly Sandwich (2MA,2G) Fruitable Juice (4 oz)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Apple (1/2 c)	100% Fruit Juice (4 oz)	Apple (1/2 c)
20-May	21-May	22-May	23-May	24-May
Cheeseburger Mac & Cheese Baby Carrots (1/2 c)	Chicken Burrito Bowl (2M) w/ Beans & Rice (1G,1/2c veg)	Hot Dog (2M,2G) Oven Baked Fries (1/2 c)	Chicken Tamale (2M,2G) w/ Seasoned Corn (1/2 c)	Chicken Bites (2M, 1G) w/ Mashed Potatoes (1/2 c)
Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c)	Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll (2G) Ranch Dressing	Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c)	Chicken Caprese Salad (2M, 1C Veg) Dinner Roll (2G) Ranch Dressing
Double Cheese Torta (2M,2G) Baby Carrots (1/2 c)	Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c)	Build Your Own Pizza Kit (2M,1G) Marinara Sauce Cup (1/2 c)	Soy Butter & Jelly Sandwich (2MA,2G) Fruitable Juice (4 oz)	Flat Bread (1G) & Hummus (3/8 c) Kit w/ Egg (2M) & Baby Carrots (1/4 c)
100% Fruit Juice (4 oz)	Pear (1/2 c)	Orange (1/2 c)	100% Fruit Juice (4 oz)	Apple (1/2 c)
27-May	28-May	29-May	30-May	31-May
Memorial Day	Cheese Ziti (2M,2G) w/ Marinara Sauce (1/2c veg)	Chicken Patty Burger (2M,2G) Oven Baked Fries (1/2 c)	Ziti w/ Meat Sauce (2M,1G,1/2c veg)	Beef, Bean & Cheese Burrito (2M,2G) Baby Carrots (1/2 c)
	x	Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll (2G) Ranch Dressing	Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c)	Yogurt Parfait w/ Berries Cinnamon Granola Cereal (1G) Baby Carrots (1/2 c)
	Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c)	Soy Butter & Jelly Sandwich (2MA,2G) Fruitable Juice (4 oz)	Cheese Sub Sandwich (2M,2G) Cucumber Slices (1/2 c)	Egg Salad Sandwich (2MA,2G) Baby Carrots (1/2 c)
	Pear (1/2 c)	Orange (1/2 c)	100% Fruit Juice (4 oz)	Apple (1/2 c)
	k or fat free milk. All grain items offered are			



Allergy Friendly Meals Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
BREAKFAST					
Cinnamon Chex Bowl, Strawberry Rockinola Granola, & Fruit*, Milk Option*	GF Cheerios Bowl, Chocolate Rockinola Granola & Fruit* , Milk Option*	Cocoa Krispies Bowl, Cinnamon Rockinola Granola, Fruit*, Milk Option*	Rice Krispies Bowl, Strawberry Rockinola Granola, Fruit*, Milk Option*	Corn Chex Bowl, Chocolate Rockinola Granola & Fruit* , Milk Option*	
		LUNCH			
Burrito Bowl, Fruit*, Milk Option*	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option*	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option*	Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option*	California Turkey and Vegetable Bowl, Fruit*, Milk Option*	
2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	
		SNACK			
Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*	Hummus & Corn Chips	Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*	
SUPPER					
Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option*	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option*	Burrito Bowl, Fruit*, Milk Option*	California Turkey and Vegetable Bowl, Fruit*, Milk Option*	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option*	
2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	
FIELD TRIP					

Hummus Cup, Corn Chips Fritos, Sunbutter Cup,RockinOla Granola Apple Sauce 4.5oz, Paradise Punch Vegetable Juice 4oz

Safe Handling Instructions for Frozen Entrees;



Keep the lunch food frozen/refrigerated until ready to cook and serve.



Tear open the side of the film and place the tray in the microwave and microwave on high for 3-5 minutes.



Ensure the internal temperature reaches 165°F; otherwise, place the plate in the microwave again and heat it for an additional 2-3 minutes/ until reaches the 165°F. Allow the food to rest for 1 minute. Handle with care. The content is hot.

For conventional oven, set the oven temperature at 300°F and heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Our Allergen Management Plan;

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place that prevent allergen cross-contamination. This meal is free of major 8 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against the below-listed allergies up to the stated limit of detection (LOD) using an accredited test method.

Warning: Although these meals don't contain any fish ingredients, the validation test is not being performed in our kitchen.

Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
Almond Protein	2 ppm	Gluten Protein	4 ppm
Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
Coconut Protein	10 ppm	Total Milk Protein	1 ppm
Crustacean Protein	2 ppm	Peanut Protein	1 ppm
Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
Soy Protein	2 ppm	Sesame Protein	5 ppm