



Summit-Atlas

FEATURE OF THE MONTH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Lunch: No School	1	Breakfast: Cheddar Stick 0.75oz, WG Muffin, fresh fruit	2	Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit	3	Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit	4	Breakfast: Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit	5
		Lunch: Fish Sticks, Whole Wheat Roll, fresh fruit, and veggies		Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies, and veggies		Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies		Lunch: Chicken Pot Pie, Whole Wheat Roll, fresh fruit, and veggies	
		Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies				Alt. Lunch: Waffle Lunch, Maple Syrup Cup, fresh fruit, and veggies		Alt. Lunch: (V) Vegetarian Pot Pie, Whole Wheat Roll, fresh fruit, and veggies	
Lunch: No School	8	Lunch: No School	9	Lunch: No School	10	Lunch: No School	11	Lunch: No School	12
Breakfast: WG Strawberry Poptart, String Cheese, fresh fruit	15	Breakfast: Apple Cinnamon Cheerios Bowl, Cheddar Stick 0.75oz, fresh fruit	16	Breakfast: WG Muffin, String Cheese, fresh fruit	17	Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit	18	Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit	19
Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies		Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies		Lunch: (DF) Orange Chicken and Rice, Whole Wheat Roll, fresh fruit, and veggies		Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit		Lunch: Cheeseburger, fresh fruit, Frozen Diced Carrots	
Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies		Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies		Alt. Lunch: Waffle Lunch, fresh fruit, and veggies		Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit		Alt. Lunch: (V) Bean and Cheese Burrito, fresh fruit, Frozen Diced Carrots	
Breakfast: Golden Grahams Cereal Bowl- 1oz, String Cheese, fresh fruit	22	Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit	23	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit	24	Breakfast: Cheddar Stick 0.75oz, WG Muffin, fresh fruit	25	Breakfast: WG Strawberry Poptart, String Cheese, fresh fruit	26
Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies		Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies		Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit		Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies		Lunch: Fish Sticks, Whole Wheat Roll, fresh fruit, and veggies	
Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies		Alt. Lunch: (V) Breakfast Burrito, fresh fruit, and veggies		Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies		Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies		Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit, and veggies	
Breakfast: Cinnamon Chex Bowl, String Cheese, fresh fruit	29	Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit	30						
Lunch: Chicken Quesadilla (Tray), fresh fruit, and veggies		Lunch: (DF) Popcorn Chicken, Whole Wheat Roll, fresh fruit, and veggies							
Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies		Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies							

DF - Dairy Free GF - Gluten Free V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

This institution is an equal opportunity provider.