



# Summit-Sierra

## FEATURE OF THE MONTH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Lunch: No School	<b>1</b>	Breakfast: Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit	<b>2</b>	Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit	<b>3</b>	Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit	<b>4</b>	Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit	<b>5</b>
		Lunch: Chicken Salad Sandwich, fresh fruit, and veggies		Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies		Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies		Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies	
		Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit		Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit, and veggies		Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies		Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	
Lunch: No School	<b>8</b>	Lunch: No School	<b>9</b>	Lunch: No School	<b>10</b>	Lunch: No School	<b>11</b>	Lunch: No School	<b>12</b>
Breakfast: WG Muffin, String Cheese, fresh fruit	<b>15</b>	Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit	<b>16</b>	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit	<b>17</b>	Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit	<b>18</b>	Breakfast: WG Strawberry Poptart, String Cheese, fresh fruit	<b>19</b>
Lunch: (DF) Orange Chicken and Rice, fresh fruit, and veggies		Lunch: Chicken Salad Sandwich, fresh fruit, and veggies		Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies		Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit		Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies	
Alt. Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies		Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Frito Chip 2 oz Packs, Whole Wheat Roll, fresh fruit		Alt. Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit, and veggies		Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies		Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	
Breakfast: String Cheese, WG Muffin, fresh fruit	<b>22</b>	Breakfast: Golden Grahams Cereal Bowl- 1oz, Cheddar Stick 0.75oz, fresh fruit	<b>23</b>	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit	<b>24</b>	Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit	<b>25</b>	Breakfast: String Cheese, WG Cinnamon Poptart, fresh fruit	<b>26</b>
Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies		Lunch: Chicken Salad Sandwich, fresh fruit, and veggies		Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies		Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit		Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies	
Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies		Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit		Alt. Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit, and veggies		Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies		Alt. Lunch: (V) French Toast Stick Lunch, fresh fruit, Maple Syrup Cup, and veggies	
Breakfast: WG Muffin, String Cheese, fresh fruit	<b>29</b>	Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit	<b>30</b>						
Lunch: (GF, DF) Teriyaki Chicken with Rice, fresh fruit, and veggies		Lunch: Chicken Salad Sandwich, fresh fruit, and veggies							
Alt. Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies		Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit							

DF - Dairy Free

GF - Gluten Free

V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

This institution is an equal opportunity provider.