Breakfast



				now,
Monday	Tuesday	Wednesday	Thursday	Friday
26-Feb		EATURED ENTREE OF THE DAY 28-Feb	29-Feb	1-M
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Breakfast Burrito	Yogurt 4oz & Honey Grahams	Cinnamon Waffles Syrup	Cranberry Oatmeal Round
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
4-Mar	5-Mar	6-Mar	7-Mar	8- <i>N</i>
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Egg & Cheese Empanada ())	Cinnamon Crumble	Yogurt Parfait w/ Blueberries /// Graham Crackers	Bagel w/ Cream Cheese
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
11-Mar	12-Mar	13-Mar	14-Mar	15-N
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Delight Bar	Scrambled Egg & Cheese /// Breakfast Sandwich	Cinnamon Roll	Breakfast Cheese Tamale	Conchita & String Cheese
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
18-Mar	19-Mar	20-Mar	21-Mar	22-1
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Banana Bread	Egg & Cheese Burrito	Yogurt 4oz & Honey Grahams	Cinnamon Waffles /// Syrup	Cranberry Oatmeal Round
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
25-Mar	26-Mar	27-M ar	28-Mar	29-1
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Egg & Cheese Empanada ///	Cinnamon Crumble	Yogurt Parfait w/ Blueberries Graham Crackers	Bagel w/ Cream Cheese

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**

Lunch Menu K-8



				healthy meals for all
Monday	Tuesday	Wednesday WEEKLY 5 FAVE	Thursday	Friday
Cheeseburger Oven Baked Fries	Chicken Bites w/ Mashed Potatoes	Chicken Tamale w/ Seasoned Diced Carrots	Turkey Nachos Tortilla Chips	Deep Dish Pepperoni Pizza
		COLD ENTRÉES OF THE DAY		
Turkey & Cheese Torta Side of Baked Fries	Turkey & Cheese Submarine Sandwich Baby Carrots	Vegetable Chef Salad w/ Egg & Cheese Dinner Roll Ranch Dressing	Chicken Salad Sandwich Fava Bean Crisps	Chicken Caprese Salad Dinner Roll Italian Dressing
Double Cheese Torta Side of Baked Fries	Soy Butter & Jelly Sandwich Baby Carrots	Build Your Own Cheese Pizza Kit Marinara Sauce	Cheese Submarine Sandwich Fava Bean Crisps	Egg Salad Sandwich
		EATURED ENTRÉE OF THE DAY		
26-Feb	27-Feb	28-Feb	29-Feb	1-M
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa 🍼 w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Roasted Chickpeas	Celery Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange	Banana	Apple	Orange
4-Mar	_	6-Mar	7-Mar	8-M
Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey Nachos <i>Tortilla Chips</i>	Cheeseburger Mac & Cheese
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Roasted Chickpeas	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange	Banana	Apple	Orange
11-Mar		13-Mar	14-Mar	15-M
Hot Dog Oven Baked Fries	Spaghetti w/ Meat Sauce	Cheese Enchilada w/ Creamy Green Salsa	Chicken Burrito Bowl w/ Black Beans & Rice	Hamburger
U	1 0			
Oven Baked Fries Cheese Melt	w/ Meat Sauce Cheese Lasagna	w/ Creamy Green Salsa Bean & Cheese Pupusa	w/ Black Beans & Rice Cheese Tamale	(
Oven Baked Fries Cheese Melt Oven Baked Fries	w/ Meat Sauce Cheese Lasagna w/ Marinara Sauce	w/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans	w/ Black Beans & Rice Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots	w/ Meat Sauce Cheese Lasagna w/ Marinara Sauce Baby Carrots	w/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas	w/ Black Beans & Rice Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange	w/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana	w/ Black Beans & Rice Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-N
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 18-Mar Cheeseburger	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 19-Mar Beef Bulgogi Brown Rice	W/ Creamy Green Salsa Bean & Cheese Pupusa W/ Pinto Beans Roasted Chickpeas Banana 20-Mar Chicken Tamale	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple 21-Mar Chicken Burrito Bowl	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-M Beef, Bean & Cheese Burrito
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 18-Mar Cheeseburger Oven Baked Fries Cheese Melt	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 19-Mar Beef Bulgogi Brown Rice Steamed Broccoli Cheese Lasagna	W/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana 20-Mar Chicken Tamale w/ Seasoned Diced Carrots Bean & Cheese Pupusa	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple 21-Mar Chicken Burrito Bowl w/ Black Beans & Rice Cheese Tamale	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-M Beef, Bean & Cheese Burrito
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 18-Mar Cheeseburger Oven Baked Fries Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 19-Mar Beef Bulgogi Brown Rice Steamed Broccoli Cheese Lasagna w/ Marinara Sauce	W/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana 20-Mar Chicken Tamale w/ Seasoned Diced Carrots Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple 21-Mar Chicken Burrito Bowl w/ Black Beans & Rice Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-M Beef, Bean & Cheese Burrito Grilled Cheese Sandwich
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 18-Mar Cheeseburger Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 19-Mar Beef Bulgogi Brown Rice Steamed Broccoli Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange	W/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana 20-Mar Chicken Tamale w/ Seasoned Diced Carrots Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple 21-Mar Chicken Burrito Bowl w/ Black Beans & Rice Cheese Tamale w/ Black Beans Celery Sticks	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-N Beef, Bean & Cheese Burrito Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 18-Mar Cheeseburger Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 19-Mar Beef Bulgogi Brown Rice Steamed Broccoli Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange	W/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana 20-Mar Chicken Tamale w/ Seasoned Diced Carrots Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple 21-Mar Chicken Burrito Bowl w/ Black Beans & Rice Cheese Tamale w/ Black Beans Celery Sticks Apple	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-N Beef, Bean & Cheese Burrito Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 29-N
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 18-Mar Cheeseburger Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 25-Mar Grilled Chicken Sandwich Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 19-Mar Beef Bulgogi Brown Rice Steamed Broccoli Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 26-Mar Chicken Alfredo Pasta	W/ Creamy Green Salsa Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana Chicken Tamale w/ Seasoned Diced Carrots Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana 27-Mar Teriyaki Chicken w/ Yakisoba Noodles	w/ Black Beans & Rice Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple 21-Mar Chicken Burrito Bowl w/ Black Beans & Rice Cheese Tamale w/ Black Beans Celery Sticks Apple 28-Mar Turkey Nachos	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-M Beef, Bean & Cheese Burrito Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange
Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 18-Mar Cheeseburger Oven Baked Fries Cheese Melt Oven Baked Fries Baby Carrots 100% Fruit Juice 25-Mar Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet Cheese Melt	Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 19-Mar Beef Bulgogi Brown Rice Steamed Broccoli Cheese Lasagna w/ Marinara Sauce Baby Carrots Orange 26-Mar Chicken Alfredo Pasta w/ Steamed Broccoli	Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana 20-Mar Chicken Tamale w/ Seasoned Diced Carrots Bean & Cheese Pupusa w/ Pinto Beans Roasted Chickpeas Banana 27-Mar Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots Bean & Cheese Pupusa	Cheese Tamale w/ Black Beans Cucumber Slices w/ Tajin Apple 21-Mar Chicken Burrito Bowl w/ Black Beans & Rice Cheese Tamale w/ Black Beans Celery Sticks Apple 28-Mar Turkey Nachos Tortilla Chips Cheese Tamale	Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 22-M Beef, Bean & Cheese Burrito Grilled Cheese Sandwich Romaine Side Salad w/ Ranch Orange 29-M Cheeseburger Mac & Cheese

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Lunch Menu 9-12



				healthy meals for all
Monday	Tuesday	Wednesday WEEKLY 5 FAVE	Thursday	Friday
Cheeseburger Oven Baked Fries	Chicken Bites w/ Mashed Potatoes & Cracker	Chicken Tamale w/ Seasoned Diced Carrots	Turkey Nachos Tortilla Chips	Deep Dish Pepperoni Pizza
		COLD ENTRÉES OF THE DAY		
Turkey & Cheese Torta Side of Baked Fries	Turkey & Cheese Submarine Sandwich Baby Carrots	Vegetable Chef Salad w/ Egg & Cheese Dinner Roll Ranch Dressing	Chicken Salad Sandwich Fava Bean Crisps	Chicken Caprese Salad Dinner Roll Italian Dressing
Double Cheese Torta Side of Baked Fries	Soy Butter & Jelly Sandwich Baby Carrots	Build Your Own Cheese Pizza Kit Marinara Sauce	Cheese Submarine Sandwich Fava Bean Crisps	Egg Salad Sandwich
	F	EATURED ENTRÉE OF THE DAY	(
26-Feb	27-Feb	28-Feb	29-Feb	1-Mc
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Bites & Waffle w/ Seasoned Potatoes	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna & w/ Marinara Sauce Wheat Crackers	Bean & Cheese Pupusa 🍼 w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Fava Bean Crisps	Celery Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Apple
4-Mar	5-Mar	6-Mar	7- Mar	8-Mc
Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey Nachos Tortilla Chips	Cheeseburger Mac & Cheese
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce Wheat Crackers	Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Fava Bean Crisps	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Pear
11-Mar		13-Mar	14-Mar	15-Ma
Hot Dog Oven Baked Fries	Spaghetti w/ Meat Sauce	Cheese Enchilada w/ Creamy Green Salsa	Chicken Burrito Bowl w/ Black Beans & Rice	Hamburger
Cheese Melt Oven Baked Fries (1/2 c)	Cheese Lasagna w/ Marinara Sauce Wheat Crackers	Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Fava Bean Crisps	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Pear
18-Mar	19-Mar	20-Mar	21-Mar	22-Mc
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce Wheat Crackers	Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Fava Bean Crisps	Celery Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice & Orange	Orange & Apple	Banana & Pear	Apple & Orange	Orange & Pear
25-Mar	26-Mar	27-Mar	28-Mar	29-Ma
Grilled Chicken Sandwich Oven Baked Fries BBQ Sauce Packet	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey Nachos Tortilla Chips	Cheeseburger Mac & Cheese
♂	Cheese Lasagna 🏈 w/ Marinara Sauce	Bean & Cheese Pupusa	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Cheese Melt Oven Baked Fries	Wheat Crackers	w/ Pinto Beans	W/ Diack Dealis	
	I - I	Fava Bean Crisps	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
Oven Baked Fries	Wheat Crackers		•	Romaine Side Salad w/ Ranch Orange & Apple

Field Trip Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	•	EATURED ENTREE OF THE DAY	,	,
26-Feb	27-Feb	28-Feb	29-Feb	1-Ma
20 100	27 105	20 1 00	27100	1710
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
Sunbutter, Crackers, String Cheese	CouPuttor Conduich	Sunbutter, Crackers, String Cheese	SayPuttor Sandwich	Sunbutter, Crackers, String Cheese
Baby Carrots (1/2 c)	SoyButter Sandwich Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	SoyButter Sandwich Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
4-Mar	5-Mar	6-Mar	7-Mar	8-Ma
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
V Cg Juice (402)	Veg Juice (402)	Veg suice (402)	V Cg 3010C (402)	Veg Jaice (402)
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
11-Mar	12-Mar	13-Mar	14-Mar	15-Ma
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
Suphathan Cardina String Charac	Care Brothers Care devicely	Combattan Constant Stains Channel	Carr Drukkan Canadariah	Comboston Creations Station Channel
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
18-Mar	19-Mar	20-Mar	21-Mar	22-Ma
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
veg Juice (402)	veg Juice (402)	veg Juice (402)	veg Juice (402)	veg Juice (402)
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
25-Mar	26-Mar	27-Mar	28-Mar	29-Ma
Sunbutter, Crackers, String Cheese	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta	Turkey & Cheese Torta
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)
Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins	Apple & Raisins
Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)
Supply the Crackers String Change	SayButtar Sandwich	Supply the Crackers String Change	SoyButter Sandwich	Suphuttor Crackors String Channel
Sunbutter, Crackers, String Cheese	SoyButter Sandwich	Sunbutter, Crackers, String Cheese	·	Sunbutter, Crackers, String Cheese
Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c)	Baby Carrots (1/2 c) Apple & Raisins	Baby Carrots (1/2 c) Apple & Raisins
A ! O.D. ' '			ANNIA Y. PAICING	Annia V. Daicine
Apple & Raisins Veg Juice (4oz)	Apple & Raisins Veg Juice (4oz)	Apple & Raisins Veg Juice (4oz)	Veg Juice (4oz)	Veg Juice (4oz)

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**

Snack NSLP



Monday	Tuesday	Wednesday	Thursday	Friday
		EATURED ENTREE OF THE DAY		
26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
WG Strawberry Multi-Grain Bar (1G)	WG Wheat Crackers (1G)	WG BBQ Poptillas (1G)	WG Educational Snacks Crackers (1G)	WG Goldfish Cheddar Crackers (1G)
Apple (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)
4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
WG Pretzels (1G)	WG Nacho Poptillas (1G)	WG Pizza Crackers (1G)	Sunflower Seeds (1 MA) OR 2nd opt: Edu Snack Crackers (1G)	WG Honey Crackers (1G)
Apple (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
WG Wheat Crackers (1G) & Roasted Seed Spread (1 M/MA)	WG Churro Poptillas (1G)	Cheese Stick (1 MA)	WG Apple Cinnamon Multi-Grain Bar (1G)	WG Giant Cinnamon Crackers (1G)
Х	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)
18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
WG Strawberry Multi-Grain Bar (1G)	WG Wheat Crackers (1G)	WG BBQ Poptillas (1G)	WG Educational Snacks Crackers (1G)	WG Goldfish Cheddar Crackers (1G)
Apple (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)
25-Mar	26-Mar	27 -Mar	28-Mar	29-Mar
WG Pretzels (1G)	WG Nacho Poptillas (1G)	WG Pizza Crackers (1G)	Sunflower Seeds (1 MA) OR 2nd opt: Edu Snack Crackers (1G)	WG Honey Crackers (1G)
Apple (3/4 c) All entrées served with choice of 1% milk o	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)	Orange (3/4 c)	Pear (3/4 c)	100% Fruit Juice (6 oz) (No Juice: Orange 3/4c)

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.

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Supper CACFP Menu



Monday Tuesday Wednesday Thursday Friday	neals for all
### Cheese Torta (2M,2C) ### Cheese Torta (2M,	1
Chiesen Burrer Mar. & Cheese Chicken Burriso Book (2M) W/ Beans & Bitce (16,1/2c veg) Oven Baked Fries (1/2c) W/ Seasoned Corn (1/2c) Seasoned Corn (1/2c) W/ Seasoned Corn (1/2c) Seasoned Corn (1/2c) Seasoned	1-Ma
We Beans & Rifer (16,1/2 cvg)	1 1/10
Turkey & Cheese Total (2M,2G) Bably Carrots (1/2 a) Bably Carrots	·
Bellul Your Own Pizza Kt (IM), 15 Bellul	(2G)
No Juice: Apple 1/2 c) Mos Juice: Apple 1/2 c) A-Mor S-Mor S	6) &
Deep Dish Pepperoni Pizza (2M,2G) Cheese Lasagna (2M,2G) w/ Marinara Sauce (1/2c veg) w/ Marinara Sauce (1/2c) w/ Marinar	<u>'</u> c)
Deep Dish Pepperoni Pitza (2M,2G) Boby Carrots (1/2 c) W Marinara Sauce (1/2 to veg) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Boby Carrots (1/2 c) Protein Pack: Vogunt (1MA), String Cheese (1MA), Crackers (1G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Boby Carrots (1/2 c) Pear (1/2 c) Tortillo Chips (2 G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Tortillo Chips (2 G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Double Cheese Torta (2M,2G) Boby Carrots (1/2 c) Pear (1/2 c)	8-Ma
Turkey & Cheese Torta (2M,2G) Boby Carrots (1/2 c) Beef & Bean Nachos (2M, 1/2c) Carbose (1MA), Carchers (16) Boby Carrots (1/2 c) Boby)
Cheese (1MA), Crackers (1G) Baby Corrots (1/2 c) Baby Corrots (1/2 c) Pear (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1AC) Baby Corrots (1/2 c) Pear (xer (1G)
Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Cackers (1G) Baby Carrots (1/2 c) Pear (
Teriyaki Chicken (2M) w/ Yakisoba Noodles (1G) Cabbage & Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Double Cheese Torta (2M,2G) Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c) Double Cheese Torta (2M,2G) Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA), Seeds (1MA), Sunflower Seeds (1MA	
w/ Yakisoba Noodles (1G) Cabbage & Carrots (1/2 c) Turkey & Cheese Dursa (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c) Double Cheese Torta (2M,2G) Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c) Double Cheese Torta (2M,2G) Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Crackers (1G), Baby Carrots (1/2 c) Protein	15-Ma
Sunflower Seeds (1MA) & Crackers Salad Sandwich (2G, 2M) Baby Carrots (1/2 c) Double Cheese Torta (2M,2G) Baby Carrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c) Pear (1/2 c) Pear (1/2 c) Pear (1/2 c) Chicken Burrito Bowl (2M) Baby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M, 2G) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M, 2G) Baby Carrots (1/2 c) Chicken Salad Sandwich (2G, 2M) Chicken Carress Sala Chicken Caprese Ca	G)
Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c) Pear (1/2 c) Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c) Pear (1/2 c) Pear (1/2 c) Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c) Pear (1/2 c) Pear (1/2 c) Apple (1/2 c) Apple (1/2 c) Apple (1/2 c) Cheeseburger Mac & Cheese Baby Carrots (1/2 c) Chicken Burrito Bowl (2M) W/ Beans & Rice (1G, 1/2 c) Pear (1/2 c) Apple (1/2 c) Apple (1/2 c) Chicken Tamale (2M,2G) W/ Seasoned Corn (1/2 c) W/ Mashed Pota Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Chicken Caprese Sala Dinner Roll Dinner Roll Ranch Dres	- ·
(No Juice: Apple 1/2 c) 18-Mar 19-Mar 20-Mar 21-Mar Cheeseburger Mac & Cheese Baby Carrots (1/2 c) Chicken Burrito Bowl (2M) W/ Beans & Rice (1G,1/2c veg) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c) Chicken Tamale (2M,2G) Oven Baked Fries (1/2 c) W/ Seasoned Corn (1/2 c) Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll Baby Carrots (1/2 c) Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c) Baby Carrots (1/2 c) Chicken Caprese Sala Dinner Roll Ranch Dres	G)
Cheeseburger Mac & Cheese Baby Carrots (1/2 c) Chicken Burrito Bowl (2M) W/ Beans & Rice (1G,1/2c veg) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Chicken Burrito Bowl (2M) W/ Beans & Rice (1G,1/2c veg) Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c) Chicken Tamale (2M,2G) W/ Seasoned Corn (1/2 c) Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll (2G) Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c) Chicken Caprese Salad Dinner Roll Baby Carrots (1/2 c)	' c)
Baby Carrots (1/2 c)w/ Beans & Rice (1G,1/2c veg)Oven Baked Fries (1/2 c)w/ Seasoned Corn (1/2 c)w/ Mashed PotaTurkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c)Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c)Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll (2G)Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c)Chicken Caprese Sala Dinner Roll Ranch Dress	22-Ma
Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c) Shredded Cheese (2M, 1c veg) Dinner Roll (2G) Chicken Salad Sandwich (2G, 2M) Baby Carrots (1/2 c) Chicken Caprese Sala Dinner Roll (2G)	
Ranch Dressing	(2G)
Double Cheese Torta (2M,2G) Baby Carrots (1/2 c) Protein Pack: String Cheese (1MA), Sunflower Seeds (1MA) & Crackers (1G), Baby Carrots (1/2 c) Baby Carrots (1/2 c) Build Your Own Pizza Kit (2M,1G) Marinara Sauce Cup (1/2 c) Fruitable Juice (4 oz) Soy Butter & Jelly Sandwich (2MA,2G) Fruitable Juice (4 oz) Baby Carrots	6) &
100% Fruit Juice (4 oz) (No Juice: Apple 1/2 c) Pear (1/2 c) Pear (1/2 c) Orange (1/2 c) Orange (1/2 c) (No Juice: Orange 1/2 c) Apple (1/2 c)	' c)
25-Mar 26-Mar 27-Mar 28-Mar	29-Ma
Deep Dish Pepperoni Pizza (2M,2G) Baby Carrots (1/2 c) Cheese Lasagna (2M,2G) W/ Marinara Sauce (1/2c veg) Grilled Chicken Sandwich (2M,2G) Oven Baked Fries (1/2 c) Spaghetti w/ Meat Sauce (2M,1G,1/2c veg) Beef, Bean & Che (2M,2G) Baby Carrots)
Turkey & Cheese Torta (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c) Turkey & Cheese Sub Sandwich (2M,2G) Baby Carrots (1/2 c) Vegetable Chef Salad w/ Egg & Shredded Cheese (2M, 1c veg) Dinner Roll (2G) Ranch Dressing Chicken Salad Sandwich (2G, 2M) Carrots (1/2 c) Baby Carrots (1/2 c) Baby Carrots (1/2 c)	er (1G)
Double Cheese Torta (2M,2G) Baby Carrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c) Protein Pack: Yogurt (1MA), String Cheese (1MA), Crackers (1G) Baby Carrots (1/2 c) Fruitable Juice (4 oz) Cheese Sub Sandwich (2M,2G) Cucumber Slices (1/2 c) Baby Carrots	
100% Fruit Juice (4 oz) (No Juice: Apple 1/2 c) Pear (1/2 c) Pear (1/2 c) Orange (1/2 c) Orange (1/2 c) Orange (1/2 c) (No Juice: Orange 1/2 c) Apple (1/2 c)	² c)
All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.	



Allergy Friendly Meals Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
		BREAKFAST			
Cinnamon Chex Bowl, Strawberry Rockinola Granola, & Fruit*, Milk Option*	GF Cheerios Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option*	Cocoa Krispies Bowl, Cinnamon Rockinola Granola, Fruit*, Milk Option*	Rice Krispies Bowl, Strawberry Rockinola Granola, Fruit*, Milk Option*	Corn Chex Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option*	
		LUNCH			
Burrito Bowl, Fruit*, Milk Option*	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option*	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option*	Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option*	California Turkey and Vegetable Bowl, Fruit*, Milk Option*	
2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	
	SNACK				
Rockinola Granola, Fruit*	Corn Tortilla Chips, Fritos, Fruit*	Hummus & Corn Tortilla Chips	Rockinola Granola, Fruit*	Corn Tortilla Chips, Fritos, Fruit*	
		SUPPER			
Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option*	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option*	Burrito Bowl, Fruit*, Milk Option*	California Turkey and Vegetable Bowl, Fruit*, Milk Option*	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option*	
2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	2M, 2G, 1C Veg.	
		FIELD TRIP			

Hummus Cup, Corn Chips Fritos, Sunbutter Cup, Rockin Ola Granola Apple Sauce 4.5oz, Paradise Punch Vegetable Juice 4oz

Safe Handling Instructions for Frozen Entrees;



Keep the lunch food frozen/refrigerated until ready to cook and serve.



Tear open the side of the film and place the tray in the microwave and microwave on high for 3-5 minutes.



Ensure the internal temperature reaches 165°F; otherwise, place the plate in the microwave again and heat it for an additional 2-3 minutes/ until reaches the 165°F. Allow the food to rest for 1 minute. Handle with care. The content is hot.

For conventional oven, set the oven temperature at 300°F and heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Our Allergen Management Plan;

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place that prevent allergen cross-contamination. This meal is free of major 8 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against the below-listed allergies up to the stated limit of detection (LOD) using an accredited test method.

Warning: Although these meals don't contain any fish ingredients, the validation test is not being performed in our kitchen.

Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
Almond Protein	2 ppm	Gluten Protein	4 ppm
Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
Coconut Protein	10 ppm	Total Milk Protein	1 ppm
Crustacean Protein	2 ppm	Peanut Protein	1 ppm
Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
Soy Protein	2 ppm	Sesame Protein	5 ppm