



Summit-Olympus

FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p> <p style="text-align: right;">1</p>
<p>Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p style="text-align: right;">4</p>	<p>Breakfast: Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit</p> <p>Lunch: Burrito Bowl, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies</p> <p style="text-align: right;">5</p>	<p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) French Toast Stick Lunch, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p> <p style="text-align: right;">6</p>	<p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> <p style="text-align: right;">7</p>	<p>Breakfast: String Cheese, WG Cinnamon Poptart, fresh fruit</p> <p>Lunch: (GF, DF) Teriyaki Chicken with Rice, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p> <p style="text-align: right;">8</p>
<p>Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Protein Pack, fresh fruit, and veggies</p> <p style="text-align: right;">11</p>	<p>Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p style="text-align: right;">12</p>	<p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Macho Nachos, fresh fruit, and veggies</p> <p>Alt. Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p style="text-align: right;">13</p>	<p>Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies</p> <p style="text-align: right;">14</p>	<p>Lunch: No School</p> <p style="text-align: right;">15</p>
<p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Protein Pack, fresh fruit, and veggies</p> <p style="text-align: right;">18</p>	<p>Breakfast: Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p style="text-align: right;">19</p>	<p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: (V) Macho Nachos, fresh fruit, and veggies</p> <p>Alt. Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p style="text-align: right;">20</p>	<p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies</p> <p style="text-align: right;">21</p>	<p>Breakfast: String Cheese, WG Cinnamon Poptart, fresh fruit</p> <p>Lunch: Turkey Cheddar Lettuce Tomato, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Veggie and Cheese Sandwich, fresh fruit, and veggies</p> <p style="text-align: right;">22</p>
<p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Popcorn Chicken, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p style="text-align: right;">25</p>	<p>Breakfast: Cheddar Stick 0.75oz, Cinnamon Chex Bowl, fresh fruit</p> <p>Lunch: (GF Filling, DF) Soft Chicken Tacos, fresh fruit, and veggies</p> <p>Alt. Lunch: (GF Filling, V, DF) Soft Taco w/ Pinto Beans, fresh fruit, and veggies</p> <p style="text-align: right;">26</p>	<p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p style="text-align: right;">27</p>	<p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, Frozen Diced Carrots</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, Frozen Diced Carrots</p> <p style="text-align: right;">28</p>	<p>Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p> <p style="text-align: right;">29</p>

DF - Dairy Free

GF - Gluten Free

V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

This institution is an equal opportunity provider.