



Summit-Sierra

FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>Breakfast: WG Strawberry Poptart, String Cheese, fresh fruit</p> <p>Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p style="text-align: right;">1</p>
<p>Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> <p style="text-align: right;">4</p>	<p>Breakfast: Cocoa Puffs, Reduced Sugar 1oz Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p> <p style="text-align: right;">5</p>	<p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit, and veggies</p> <p style="text-align: right;">6</p>	<p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies</p> <p style="text-align: right;">7</p>	<p>Breakfast: String Cheese, WG Cinnamon Poptart, fresh fruit</p> <p>Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, DF) French Toast Stick Lunch, fresh fruit, Maple Syrup Cup, fresh fruit, and veggies</p> <p style="text-align: right;">8</p>
<p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies</p> <p style="text-align: right;">11</p>	<p>Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p> <p style="text-align: right;">12</p>	<p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit, and veggies</p> <p style="text-align: right;">13</p>	<p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies</p> <p style="text-align: right;">14</p>	<p>Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit</p> <p>Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p style="text-align: right;">15</p>
<p>Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: Cajun Chicken & Rice, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies</p> <p style="text-align: right;">18</p>	<p>Breakfast: Cocoa Puffs, Reduced Sugar 1oz Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p> <p style="text-align: right;">19</p>	<p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit, and veggies</p> <p style="text-align: right;">20</p>	<p>Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies</p> <p style="text-align: right;">21</p>	<p>Breakfast: WG Cinnamon Poptart, String Cheese, fresh fruit</p> <p>Lunch: Cheeseburger, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, DF) French Toast Stick Lunch, fresh fruit, Maple Syrup Cup, and veggies</p> <p style="text-align: right;">22</p>
<p>Lunch: No School</p> <p style="text-align: right;">25</p>	<p>Lunch: No School</p> <p style="text-align: right;">26</p>	<p>Lunch: No School</p> <p style="text-align: right;">27</p>	<p>Lunch: No School</p> <p style="text-align: right;">28</p>	<p>Lunch: No School</p> <p style="text-align: right;">29</p>

DF - Dairy Free

GF - Gluten Free

V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

This institution is an equal opportunity provider.