



# Summit-Olympus

## FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit  Lunch: (V) Macho Nachos, fresh fruit, and veggies  Alt. Lunch: Chicken Salad Sandwich, fresh fruit, and veggies	<b>2</b> Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit  Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies  Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	<b>3</b> Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit  Lunch: Turkey Cheddar Lettuce Tomato, fresh fruit, and veggies  Alt. Lunch: (V) Veggie and Cheese Sandwich, fresh fruit, and veggies
<b>6</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit  Alt. Lunch: (V, GF, DF) Protein Pack, fresh fruit, and veggies	<b>7</b> Breakfast: Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit  Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit  Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit	<b>8</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: (V) Macho Nachos, fresh fruit, and veggies  Alt. Lunch: Chicken Salad Sandwich, fresh fruit, and veggies	<b>9</b> Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit  Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies  Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	<b>10</b> Lunch: No School
<b>13</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit  Alt. Lunch: (V, GF, DF) Protein Pack, fresh fruit, and veggies	<b>14</b> Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit  Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit  Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit	<b>15</b> Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit  Lunch: (V) Macho Nachos, fresh fruit, and veggies  Alt. Lunch: Chicken Salad Sandwich, fresh fruit, and veggies	<b>16</b> Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit  Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies  Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	<b>17</b> Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit  Lunch: Turkey Cheddar Lettuce Tomato, fresh fruit, and veggies  Alt. Lunch: (V) Veggie and Cheese Sandwich, fresh fruit, and veggies
<b>20</b> Lunch: No School	<b>21</b> Lunch: No School	<b>22</b> Lunch: No School	<b>23</b> Lunch: No School	<b>24</b> Lunch: No School
<b>27</b> Breakfast: String Cheese, WG Muffin, fresh fruit  Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit  Alt. Lunch: (V, GF, DF) Protein Pack, fresh fruit, and veggies	<b>28</b> Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit  Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit  Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit	<b>29</b> Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit  Lunch: (V) Macho Nachos, fresh fruit, and veggies  Alt. Lunch: Chicken Salad Sandwich, fresh fruit, and veggies	<b>30</b> Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit  Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit, and veggies  Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	

DF - Dairy Free      GF - Gluten Free      V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

*This institution is an equal opportunity provider.*